

Leadership Essentials Workshop Series

Learn to Lead. Lead with Purpose.



Build your foundational framework of leadership practices!

The LEWS consists of topical workshops related to leadership. Take as few or as many as you would like to best address your interests and goals.

Why attend?

- Invest in your **leadership skills** and knowledge
- Boost your **confidence** in internships, student groups, classes, and personal life
- Build peer and mentor **connections**
- Engage in **fun** and educationally **rewarding** activities

About the CLL

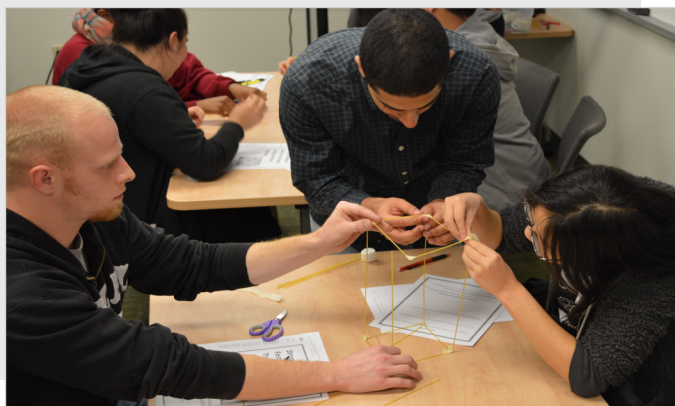
The Center for Leadership Learning (CLL) is a **free resource** to all undergraduate students that offers a unique space for them to engage in the study of leadership through a variety of fun and interactive programs.



For more information, scan or visit cll.ucdavis.edu

About the workshops

- Workshops are open and **free of charge** to all UC Davis undergraduate students
- Winter 2023 workshops are offered **in person** at 1310 The Grove
- Most workshops serve as a starting point and prerequisite for *optional* certificate programs: the **Cultivating Leaders for Social Change (CLSC)** program and the **Student Leadership Development Program (SLDP)**



Leadership Essentials Workshop Series

Winter 2023 Workshop Calendar

Full workshop descriptions located at:
cll.ucdavis.edu/workshops



Self-Awareness and Management

Balancing Your Plate S*

Arrange your priorities and incorporate time management tools

Wed. Jan 18
5:10 - 6:00p

Tue. Jan 31
4:10 - 5:00p

Building Confidence and Belonging

Recognize imposter syndrome and understand belonging

Tue. Jan 24
4:10 - 5:00p

Wed. Feb 1
5:10 - 6:00p

The Importance of Self Care

Recognize why self care is important and establish self care strategies

Tue. Jan 17
4:10 - 5:00p

Wed. Jan 25
5:10 - 6:00p



Diversity, Equity, and Inclusion

Beyond the Visible C+S*

Embrace who you are, appreciate difference, and challenge assumptions

Wed. Feb 8
5:10 - 6:00p

Tues. Mar 7
4:10 - 5:00p



Foundations of Leadership

The Leader in You C+S*

Explore and affirm your identity as a leader

Tue. Feb 7
4:10 - 5:00p

Wed. Mar 8
5:10 - 6:00p



Conflict Management

Navigating Conflict with Others C*

Utilize an assertive approach to address interpersonal conflict

Tues. Feb 14
4:10 - 5:00p

Wed. Mar 1
5:10 - 6:00p

Your Approach to Conflict S*

Adapt your conflict style based on contextual factors

Wed. Feb 15
5:10 - 6:00p

Tue. Feb 28
4:10 - 5:00p

Leadership Certificate Prerequisites

For those interested in participating in one of our certificate programs, the * asterisks indicate which workshops serve as a prerequisite for the Cultivating Leaders for Social Change (C*), the Student Leadership Development Program (S*), or both (C+S*).

Keep in mind, you don't need to participate in a certificate program to attend our workshops!

Workshops will be held in 1310 The Grove.

Out of respect to our facilitators and other participants, our policy is that students must *arrive on time* and *stay for the full workshop*.

We follow all campus and CDC guidelines as our minimum safety procedures. The website campusready.ucdavis.edu is an excellent resource for information and updates.

Stay home if you are sick! Be ready to show your approval message that you are cleared to access UC Davis campus sites. Please prioritize your health and the health of others.

 1350 The Grove

 We remain available for questions and appointments!

 We are best reached by email: cll@ucdavis.edu

 cll.ucdavis.edu

  
[@ucdaviscll](https://www.instagram.com/ucdaviscll)



UC DAVIS

Center for Leadership Learning

Office of Undergraduate Education