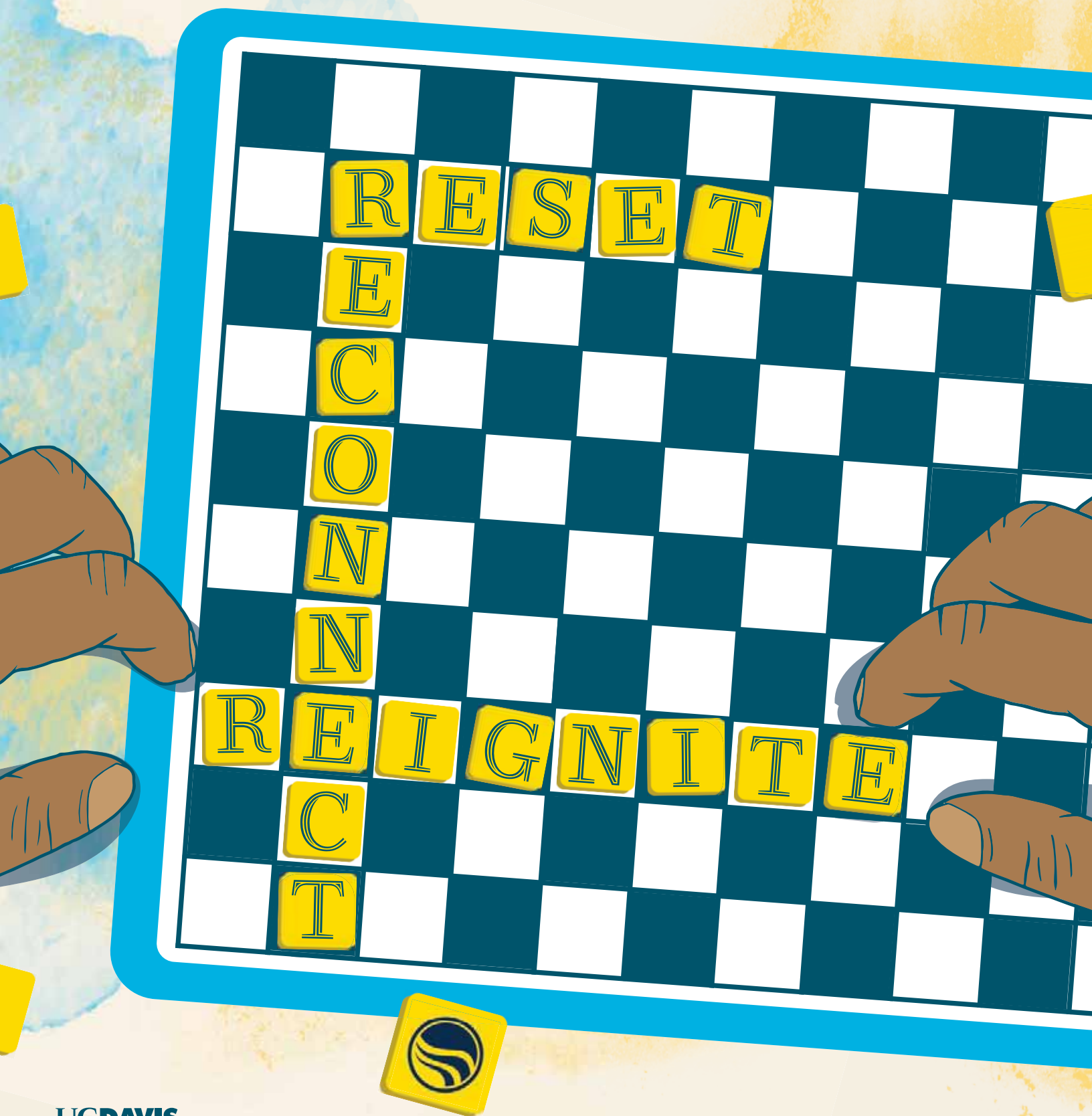




2022 UNDERGRADUATE LEADERSHIP CONFERENCE



UC DAVIS
Center for Leadership Learning

FEBRUARY 12, 2022

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WELCOME

Welcome to the ninth annual Aggies Leading the Way! Undergraduate Leadership Conference! This annual full-day event is free for all undergraduate students and open to students in all majors. With workshops, keynote speakers, and networking opportunities, the event brings together students interested in leadership and who aim to make a difference in their academic and social communities.

CLL MISSION

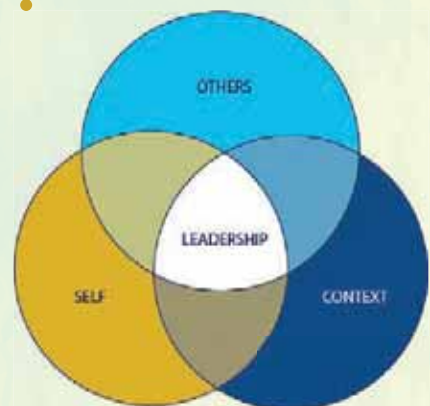
The Center for Leadership Learning (CLL) aims to educate and cultivate the next generation of leaders who have a strong sense of self-awareness, have the ability to work effectively with others, and who are civically and socially engaged. The CLL strives to meet its mission through a variety of curricular and co-curricular programs which are open to every undergraduate student.



The CLL provides undergraduates a unique opportunity to formally learn about leadership and professionalism, while receiving invaluable, hands-on training that will assist them for a lifetime. The CLL welcomes students from all majors, class levels, and degrees of leadership experience who wish to enhance their personal lives and the lives of others.

WHAT IS LEADERSHIP?

Leadership is much more than title and position, telling others what to do, or having authority and power. Leadership is about having purpose, both as an individual and as a group, to intentionally make a positive difference. Leadership can only occur when each of the following components are fully functioning together: Self, Others, and Context. The circular figures (see diagram) represent the continuous process of growth, learning, and the practice of leadership.



Conference sessions will help students explore one or more of these three components, all of which merge to form a connection that helps guide both formal and informal leaders on their journey to create change.

RESET, RECONNECT, REIGNITE

Since March 2020, daily life has been challenging for everyone. So many things have changed us as individuals and how we navigate the world. It's time to evolve our mindsets and re-envision **our path forward, together**. The 2022 **Aggies Leading the Way! Undergraduate Leadership Conference** will challenge students to **reset** their way of thinking as a leader, **reconnect** with others, and **reignite** their passion to move forward on their leadership journey.

Through a variety of interactive sessions and large-group activities, the conference aims to help students:

RESET AS A LEADER

Imagine a reset button as a metaphor. What areas of your life, skill set, or mental wellness could use a reboot as we emerge from 18+ months of social distancing and online engagement?

RECONNECT WITH OTHERS

Being socially distant for 18+ months has caused daily interactions to become awkward and feel unnatural. Many of us need a refresher on how we engage and build reciprocal relationships to achieve shared goals.

REIGNITE YOUR LEADERSHIP

The COVID-19 pandemic revealed the depth of existing inequities that we can no longer ignore. By reconnecting to others on campus, we can explore issues and possible solutions to discover how to collectively create positive change.

February 12, 2022

Location: UC Davis Conference Center

9:30am - 10:00am

CONFERENCE CHECK-IN & BREAKFAST

Conference Center Lobby

10:00am - 10:50am

CONFERENCE WELCOME

*Christie Navarro, Director of the Center for Leadership Learning
Ballrooms A, B, C*

FEATURED SPEAKER

*Dr. Marcia Faustin
Ballrooms A, B, C*

11:05am - 12:45pm

SESSION 1

LEADERSHIP LABS, SNAPSHOTS & RESET ROOM

Ballrooms A, B, & C, Meeting Rooms A & B

12:45pm - 1:30pm

LUNCH & NETWORKING

Ballrooms and Conference Center Courtyard

1:30pm - 2:15pm

SESSION 2

LEADERSHIP SNAPSHOTS, LESSONS & RESET ROOM

Ballrooms A, B, & C, Meeting Rooms A & B

2:25pm - 4:05pm

SESSION 3

LEADERSHIP LABS, SNAPSHOTS, & RESET ROOM

Ballrooms A, B, & C, Meeting Rooms A & B

4:05pm - 4:20pm

SNACK BREAK

Conference Center Lobby

4:20pm - 5:00pm

CLOSING SESSION & EVALUATIONS

*Christie Navarro, Director of the Center for Leadership Learning
Ballrooms A, B, C*

RAFFLE PRIZES & THANK YOU

*Interns - Center for Leadership Learning
Ballrooms A, B, C*

CONFERENCE T-SHIRTS

*Interns - Center for Leadership Learning
Conference Center Lobby*

FEATURED SPEAKER

PRESENTING

**DR. MARCIA
FAUSTIN**

KEYNOTE ADDRESS:

“STILL I RISE”

Dr. Marcia "Marcy"

Faustin is a Family and Sports Medicine Physician at the University of California, Davis (UC Davis).



She is an Assistant Clinical Faculty under the Department of Physical Medicine & Rehabilitation (PM&R) and the Department of Family & Community Medicine, Assistant Team Physician for UC Davis, Division I Intercollegiate Athletes, Co-head Team Physician for USA Gymnastics Women's National Team, Team Physician for Sacramento Republic FC Professional Soccer team and Team Physician for multiple Sacramento-area Junior Colleges.

Dr. Faustin had the opportunity to travel as the team physician for the USA Gymnastics team at the 2020 Olympics in Tokyo, Japan. Teaching medical students, PM&R residents, Family Medicine residents and Sports Fellows, aligns with her passion for medical education and mentoring. Dr. Faustin is elated to be the keynote speaker today and hopes that sharing her story will empower others to strive for their dreams.

LEADERSHIP

SNAPSHOTS, LESSONS, AND LABS

OVERVIEW OF CONFERENCE SESSIONS

Following the all-attendee Conference Welcome, a variety of different types of sessions and topics related to the conference theme of “Reset, Reconnect, Reignite” are offered for attendees to select from throughout the day.

TYPES OF SESSIONS



SNAPSHOTS

Brief sessions where presenters will share their story as it relates to this year's conference theme, of lessons learned as a leader. (20 min.)



LESSONS

Quick and focused sessions addressing one core principle or concept. (45 min.)



LABS

In-depth session incorporating applied practice or multi-faceted or transformative activities. (100 min.)



RESET ROOM

(SELF-DIRECTED)

Enjoy a quiet and comfortable space for self-reflection. The Reset Room will be available during each conference session timeframe with a variety of materials at hands-on reflection stations to help you reset and reboot yourself as a leader through creative interpretation. Whether it is a visual representation, written expression, or doodles, you will have the opportunity to work out your thoughts, ideas and plan of action while sharing your creation with other conference attendees. There will be a facilitator in the room for guidance, but the space is really driven by you!

SESSION TIMEFRAMES

SESSION 1 11:05 am - 12:45 pm

Choice of 2 Leadership Lessons (45 min) or 1 Leadership Lab (100 min)

SESSION 2 1:30 - 2:15 pm

Choice of 2 Leadership Snapshots (20 min) or 1 Leadership Lesson (45 min)

SESSION 3 2:25 - 4:05 pm

Choice of 2 Leadership Lessons (45 min) or 1 Leadership Lab (100 min)

The **Reset Room** will also be open throughout all three session blocks and can be chosen in place of a session.

Live Music by Billy Larkin

1:30-2:15p

Improvised Piano Meditation

2:25-4:00p

Relaxing Piano Jazz

SESSION 1

11:05 am - 12:45 pm

LABS			LESSONS			RESET ROOM
	BALLROOM C	BALLROOM B		BALLROOM A	CONF. ROOM B	CONF. ROOM A
11:05-12:45	Your Story, Your Strengths: Intercultural Skills for Life and Career Success (Reconnect)	Finding Comfort in the Discomfort (Reignite)	11:05-11:50	Reignite Your Passion...Towards Your Career (Reignite)	Lessons from Lasso and the Goldfish (Reset)	<i>a quiet and comfortable space for self-reflection</i>
			12:00-12:45	How to Connect, Find Friends, and Build Relationships with Aggies (Reconnect)	Lessons from Lasso and the Goldfish (Reset)	<i>a quiet and comfortable space for self-reflection</i>

Attend one Leadership Lab (100 min) or two Leadership Lessons (45 min); the Reset Room will also be open during each of the 45 minute time frames and can be selected instead of a session.



LEADERSHIP LABS

(SELECT 1 FOR THE FULL FIRST SESSION TIMEFRAME)

Your Story, Your Strengths: Intercultural Skills for Life and Career Success (Reconnect)

11:05 am – 12:45 pm; Location: Ballroom C

Focusing on the cultural components of your lived experience, learn how to name and describe your intercultural communication skills. In this interactive workshop, we will engage in storytelling and listening, using STAR and LITE techniques to discover your own strengths and help your peers discover theirs. This inclusive practice challenges the dominant narrative of networking, centers interpersonal skills, and equips students with a lifelong practice of honoring, uplifting and celebrating their own stories and identities. Leave ready to tell your stories, with an emphasis on career skills.

Facilitators: Jennie Moylan, she/her/hers - UC Davis Global Learning Hub and Moira Delgado, she/her/hers - UC Davis Internship and Career Center

Learning Objectives:

Identify the cultural components of your lived experiences, Describe how lived experiences equipped you to build your intercultural communication skills, Understand storytelling as a career and personal development tool, Practice holding space and listening to recognize peers' strengths through their stories, Introduce and practice STAR Situation Task Action Result and LITE Listen Inquire Translate Equip Techniques

Finding Comfort in the Discomfort (Reignite)

11:05 am – 12:45 pm; Location: Ballroom C

Growth happens outside of our comfort zone. As leaders, and more over as humans, we must learn to thrive when we are within this discomfort. All of us are going to experience or have already experienced times in which life gets rough. To strive forward in these situations, and use them to grow ourselves as people is one of the biggest steps we can take in reaching our fullest potential. This seminar will delve into techniques and mindsets to practice so that we are better able to build our mental fortitude and enjoy being outside of our comfort zones.

Facilitator: Brandon Vernoy - UC Davis Undergraduate Student – 5th year, Biological Psychology, Center for Leadership Learning

Learning Objectives:

Understand techniques and mindsets to build mental fortitude, Understand the importance of being outside our comfort zone as it relates to our life goals, Understand how the growth that occurs outside our comfort zones helps build our leadership capabilities



LEADERSHIP LESSONS

(SELECT 1 FROM EACH 45-MINUTE TIME GROUP)

Reignite Your Passion...Towards Your Career! (Reignite)

11:05 – 11:50 am; Location: Ballroom A

The pandemic has resulted in an increased number of students who may have had to, or chosen to, change their career paths. Students who have made major life decisions under the duress of constant change may feel that their passion for their industries has diminished or extinguished. In this interactive session, participants will have the opportunity to work on igniting (or reigniting) their career interests and passions through identifying career values and interests that align with their career goals and their inner selves through a combination of presentation and individual and group activities. Career development happens through every stage of our lives, and this workshop is for students at any stage in their education and careers!

Facilitator: Emma Singletary, she/her/hers - UC Davis Internship and Career Center

Learning Objective: Identify 3 values you currently hold and state in a few sentences how your current field of interest may or may not align with those values

How to Connect, Find Friends, and Build Relationships with Aggies (Reconnect)

12:00 – 12:45 pm; Location: Ballroom A

Over the last two years, COVID-19 has impacted everyone's way of life in different forms. Unfortunately, students were not exempt from the impact and were forced into an online environment consisting of social distancing and online courses which caused meaningful relationship building to diminish due to the lack of interactions presented to them. As Involvement Mentors with the Center for Student Involvement, we have seen this decline along with reduced student involvement. Our aim for this session is to help students bridge the gap by providing guidance on how to navigate UC Davis and tips on how to interact and build relationships with one another.

Facilitators: Ashley Christensen, she/her/hers - UC Davis Undergraduate Student – 4th year, Biochemistry and Molecular Biology and Jose Samano Catalan, he/him/his - UC Davis Undergraduate Student - 4th year, Psychology and Cognitive Science, Center for Student Involvement

Learning Objectives: Build and maintain deeper relationships, Reestablish a sense of community, Understand techniques to connect with the Aggie community

Lessons from Lasso and the Goldfish (Reset)

11:05 – 11:50 am [also offered 12:00-12:45 pm]; Location: Conference Room B

Have you ever found yourself in a leadership position but not really sure what you're supposed to do next? I always thought of leadership as more art than science, but it turns out there are more effective and less effective ways to influence fellow humans, even if they're your peers or near peers. You can read about them in all kinds of academic work, but sometimes pop culture can be a powerful teaching tool. The first season of "Ted Lasso" presented a wonderful chance for me to re-examine what I thought about leadership and what was possible. It also turned out to be a terrific insight into "futbol" for my undereducated American self. In this session we'll cruise through first episode of season 1, pick out three core lessons that we can apply in real world leadership contexts, and maybe even help you become a fan of the "beautiful game."

Facilitator: Mike Lorenzen, Ed.D., he/him/his - UC Davis Associate Athletic Director

Learning Objective: Do critical analysis of pop cultural messages of leadership and distill them into relevant applicable lessons based on sound theory and evidence of leadership

SESSION 2

1:30 pm - 2:15 pm

LESSON		SNAPSHOTS			RESET ROOM
	CONF. ROOM B		BALLROOM C	BALLROOM B	BALLROOM A
1:30-2:15	Moving from Spectator to Active Participant: Reframing your role in working towards social change	1:30-1:50	How the Power of Connection can Change Hearts	How I Organically Connected with an On Campus Mentor: A First-Generation Alumna Story	Igniting a Spark: Turning YOUR Passion into Action
		1:55-2:15	How the Power of Connection can Change Hearts	How I Organically Connected with an On Campus Mentor: A First-Generation Alumna Story	Into the Woods: Collaborative Leadership and Teambuilding
					a quiet and comfortable space for self-reflection

Attend two Leadership Snapshots (20 min) or one Leadership Lesson (45 min); the Reset Room will also be open during each of the 45 minute timeframes and can be selected instead of a session.



LEADERSHIP LESSON

(SELECT FOR THE FULL SECOND SESSION TIMEFRAME)

Moving from Spectator to Active Participant: Reframing your role in working toward social change

1:30-2:15 pm; Location: Conference Room B

Identifying social issues you are passionate about is one step, the next is finding how and where you can make an impact. When looking at the bigger picture, leaders can feel overwhelmed, confused, or stuck on where to begin. Utilizing the Social Change Ecosystem (Iyer, 2020) framework, this session will help you link your skills with specific roles you can play to collectively work toward change.

Facilitator: Christie Navarro, M.A., she/her/hers – UC Davis Center for Leadership Learning

Learning Objective: Analyze the 3 components of the Social Change Ecosystem, Identify roles that align with personal skills and strengths



NEED TO RESET?

CONFERENCE ROOM A IS RESERVED AS A QUIET AND COMFORTABLE SPACE FOR SELF-REFLECTION

DESIGN YOUR OWN AFFIRMATION USING OUR AWESOME BUTTON MAKER

LEARN ABOUT NEUROGRAPHIC ART AS A FORM OF RELAXATION AND PROCESSING A CHALLENGING TASK

RECHARGE WITH COLORING! COLORING PAGES AVAILABLE.



LEADERSHIP SNAPSHOTS

(SELECT 1 FROM EACH 20 MINUTE TIME GROUP)

How the Power of Connection can Change Hearts

1:30-1:50 pm [also offered 1:55-2:15 pm]

Location: Ballroom C

Creating a world that works for everyone requires that we first look towards what makes us all human, our hearts. Once we can connect at the heart level we can begin to heal and shift the narrative that divides us. Hear powerful stories of hope and change that make this approach to social justice and healing the narrative work. Discover how a black man befriended the grand wizard of the Klan, which led to him leaving it. Learn how an act of forgiveness healed the person giving the forgiveness and led to his liberation from death row. Hear my story of how I transitioned my gender on the job to find it was my commonalities and relationships with co-workers that protected me from losing my job and provided me with key support to make the change.

Presenter: Mitch Austin, he/him/his, Off Campus Professional

How I Organically Connected with an On Campus Mentor: A First-Generation Alumna Story

1:30-1:50 pm [also offered 1:55-2:15 pm]

Location: Ballroom B

A first-generation 2020 Latina alumna and a UC Davis staff member share the story of successfully connecting at the 2017 CLL conference and how the four-year organic mentorship relationship was established. This story will share how the connection helped launch this first-generation rural Californian into part-time jobs and navigate the emotional roller coaster of self and career discovery. The mentorship team will highlight some action items that can be taken to initiate connections, stay connected, and engage in building and rebuilding your network and personal connections.

Presenter: Ashley Murillo Delgado, she/her/hers, UC Davis Alumna, 2020 and Dr. Kristin Dees, she/her/hers, Center for Student Involvement

Igniting A Spark: Turning YOUR Passion Into Action

1:30-1:50 pm; Location: Ballroom A

The COVID-19 pandemic struck a toll in our hearts as we began to dwell away from work, school, and social outings. Uncertainty of when opportunities may come knocking on our door or when we will be able to be face to face with our peers was unknown. However, within this pandemic, we were able to learn, grow, and gain meaningful experiences that contribute to us as effective leaders. Through these experiences we were able to include them into our leadership roles and effectively lead our communities in a better light with hope. Passion was ignited even more throughout the COVID-19 pandemic, and we, as leaders, can turn our passion into action through leading with empathy, and starting with small changes one step at a time.

Presenter: Allysa De Vera, she/her/hers -UC Davis Undergraduate Student; 3rd Year Neurobiology, Physiology, and Behavior

We Keep Moving Forward

1:55-2:15 pm; Location: Ballroom A

Growth in life, whether personal or professional, is a series of steps. One of my core goals is to focus on the ways that those steps take me, my work, my partners, my teams, and my passions forward. It might be incremental and it might be by leaps and bounds, but always thinking forward. Let's get curious about what forward looks like in your leadership journey!

Presenter: Dr. Helen Frasier, she/her/hers – UC Davis Undergraduate Education

SESSION 3

2:25 pm - 4:05 pm

	LAB	LESSONS				RESET ROOM
	BALLROOM C		BALLROOM B	BALLROOM A	CONF. ROOM B	CONF. ROOM A
2:25-4:00	Reignite Your Career Journey: Tools for Peer-Led Development (Reignite)	2:25-3:10	Building Confidence & Belonging (Reset)	Led (Taylor's Version): Self Advocacy and Reclaiming Your Story (Reignite)	Reconnect with Groups through Values Informed Leadership (Reconnect)	<i>a quiet and comfortable space for self-reflection</i>
		3:15-4:00	Your Cultural Values as a Leader (Reset)	Britney's Free, now what? Centering Wellness as a Leader (Reset)	Reconnect with Groups through Values Informed Leadership (Reconnect)	<i>a quiet and comfortable space for self-reflection</i>

Attend one Leadership Lab or two Leadership Lessons; the Reset Room will also be open during each of the 45 minute timeframes and can be selected instead of a session.



LEADERSHIP LAB

(SELECT FOR THE FULL THIRD SESSION TIMEFRAME)

Reignite Your Career Journey: Tools for Peer-Led Development

2:25-4:00 pm; Location: Ballroom C

Led by career advisors from the Internship and Career Center, this interactive session will provide student leaders with the opportunity to learn about the many career resources available and practice having career conversations with peers. You will learn up-to-date information on how to launch a successful career, including a focus on networking and how the COVID climate has affected career development, and you will develop your skills as a supportive resource for peers who may be seeking direction in their career planning. If you have any sort of leadership role on campus, this session is for you!

Facilitator: Lynn Fowler, she/her/hers - UC Davis Internship and Career Center and Emma Singletary, she/her/hers - UC Davis Internship and Career Center

Learning Objective: Effectively use and refer others to career development resources, Engage yourself and others in more informed career decision making, Practice skills such as networking and peer helping



LEADERSHIP LESSONS

(SELECT 1 FROM EACH 45 MINUTE TIME GROUP)

Led (Taylor's Version): Self Advocacy & Reclaiming Your Story (Reignite)

2:25-3:10 pm; Location: Ballroom A

After an arduous attempt to buy the rights to her songs that she wrote and recorded back from the record company that owned them, Taylor Swift was unsuccessful in the reacquisition of her creative content. In the face of this defeat, Swift decided to re-record the songs adding the note "Taylor's Version" to the end of each of the album and song titles to signify her sole ownership of themusic. These re-releases have taken the world by storm, topping the charts once again. This session will analyze the significance of Taylor Swift's struggle in demonstrating the power of self-advocacy in the face of overwhelming adversity from both external and internal sources. Learn how to wield this power to rewrite YOUR leadership story by integrating lessons learned from facing unexpected challenges and considering the effect of power imbalances on your ability to reach your leadership potential. By attending, you'll better recognize the value of your skills, ideas, and perspectives to incite positive change within yourself and others.

Facilitators: Cayley Chan, she/her they/them - UC Davis Undergraduate Student, 4thyear, Environmental Policy Analysis and Planning and Political Science –Public Service

Learning Objective: Recognize your value and personal strengths as a leader and empower yourself and others to be self-advocates, using these lessons to become better leaders



LEADERSHIP LESSONS

(SELECT 1 FROM EACH 45 MINUTE TIME GROUP)

Building Confidence and Belonging (Reset)

2:25-3:10 pm; Location: Ballroom B

Ever felt like you didn't belong in a space? Want to learn to become more confident? This workshop will allow you to recognize imposter syndrome and understand what true belonging means. Then you will learn tools to tackle imposter syndrome, build your confidence, and feel a sense of belonging.

Facilitators: Jesús Gonzales Cruz, he/him/his, UC Davis Undergraduate Student – 4th year, English & Sociology
UC Davis Center for Leadership Learning, Susana Ojeda Lopez, she/her/hers, UC Davis Undergraduate Student - 5th year, Sociology - Organizational Studies, UC Davis Center for Leadership Learning

Learning Objective: Recognize the difference between true belonging and fitting in, Understand the components of imposter syndrome, Learn tools to tackle imposter syndrome, build confidence, and feel a sense of belonging

Reconnect with Groups through Values Informed Leadership (Reconnect)

2:25-3:10 pm [also offered 3:15-4:00pm]

Location: Conference Room B

Following over a year of mainly remote interactions are you having trouble connecting with other students in your club, team or other student org? Are you unsure how to align your leadership efforts with strategies that will benefit that group? If either of those ring true, this workshop is for you! You will work through an individual values activity that will help you to identify and define your three core values. Through individual reflection and small group dialogue you will associate those values with specific leadership strategies that can help you be an effective leader in these times of Reconnection. Lastly, you will consider how the practices of emotional intelligence and authenticity can heighten your approach to leadership.

Facilitators: Kate Andrup Stephensen, she/her/hers - UC Davis University Honors Program and First-Year Seminars

Learning Objective: Identify how your three core values align with leadership strategies

Your Cultural Values as a Leader

3:15-4:00pm; Location: Ballroom B

We have all been influenced by where we live, activities we participate in, and communities we identify with. All of these factors and groups impart values upon us, which can shape our thoughts, beliefs, and actions. What are your cultural values, and why are values an essential component to leadership? Why are these values important as you enter the workforce or apply for internships? In this session, attendees will identify their three most important cultural values and learn how to use this knowledge to become a more effective leader.

Facilitators: Janice Tse, she/her/hers and Kimberly Bellows, she/her/hers - UC Davis Global Learning Hub

Britney's free, now what? Centering Wellness as a Leader(Reset)

3:15-4:00pm; Location: Ballroom A

Drawing from the impact of the #FreeBritney movement, this workshop intends to draw parallels between Britney Spears' liberation from her conservatorship with students' own personal reemergence as leaders post quarantine. The focus of the workshop will be on the prioritization of one's personal wellbeing and mental/emotional health while readjusting to new challenges of in-person leadership. Understanding and centering one's areas of need can strengthen their leadership capacities and interpersonal connections. The session will also allow students to discuss their personal experiences and struggles, promoting restorative practices of empathy, healing, and community care. These habits can be used to positively impact school culture.

Facilitators: Jessica Cuenco, she/they, UC Davis Undergraduate Student, 5th year, Mathematical Analytics and Operations Research and Economics; Cayley Chan, she/her they/them, UC Davis Undergraduate Student, 4th year, Environmental Policy Analysis and Planning and Political Science –Public Service

Learning Objective: Contemplate the state of your emotional wellbeing as you navigate your own personal leadership endeavors, Identify ways to balance selfcare and the demands that being a leader requires, Reflect on your own personal leadership journey while transitioning out of the pandemic

STAY ENGAGED, ALL DAY!

EVALUATION PROCESS

TURN IN SESSION EVALUATIONS,
GET RAFFLE TICKETS!



CONFERENCE EVALUATION

TURN IN THE CONFERENCE
EVALUATION AT THE CLOSE
OF THE CONFERENCE,
GET A T-SHIRT!

☀️ We want to hear from you! ☀️

SCRABBLE TILES

TURN IN AN EVALUATION AND GET
SCRABBLE TILES. HANG ON TO THEM
THROUGHOUT THE DAY FOR A GROUP
SCRABBLE CONTEST @ 4:20PM.



SCRABBLE CONTEST

DURING THE CLOSING SESSION (4:20PM-5PM),
GROUPS WILL TRY TO CREATE AS MANY
WORDS TOGETHER, USING A SCRABBLE
BOARD ON THE WALL, WITH THE TILES
RECEIVED DURING THE DAY. THE GROUP
WITH THE MOST WORD POINTS EARNS
A RAFFLE PRIZE!

Kate Andrup Stephensen she/her/hers*UC Davis University Honors Program and First-Year Seminars*

Kate Andrup Stephensen is Associate Director for First-Year Seminars (interim) and the University Honors Program third & fourth-year advisor. Kate has a B.A. in history from Northwestern University and an M.Ed. in Curriculum & Instruction from the University of Virginia. She started her professional career as a teacher before moving into advising at the University of Virginia where she helped start the athletic department's student-athlete leadership development programming. Fun fact –Kate served on the Northwestern University Student Athlete Advisory Committee when the group initiated national conversations about student-athlete unionization. That dialogue resulted in a Supreme Court case and helped prompt the national dialogue about student-athlete “pay for play”.

Mitch Austin he/him/his

Mitch has been a student of self-development tools and principles for over 20 years. He is currently in the Holmes Institute Spiritual Leadership and Consciousness studies. Mitch's greatest passion is supporting others to deepen their relationship with themselves and humanity at large. He is the creator and teacher of two popular courses: Rise & Speak and Taming Your Inner Critic. Mitch speaks regularly in the Sacramento region and has a successful life coaching practice.

Kimberly Bellows she/her/hers*UC Davis Global Learning Hub*

Kimberly works at UC Davis in the Global Learning Hub as an Intercultural Programs Coordinator, where she creates, collaborates on, and delivers programming that helps students make connections and see the world through a globally aware lens. Prior to joining UC Davis, she coordinated faculty-led study abroad programs at another public university, developed programming for a peace and reconciliation centre in Northern Ireland, and served on the staff of a member of the U.S. House of Representatives in Washington, DC. She's a graduate of UC Davis with a BA in International Relations and has a MA in International Education Management from the Middlebury Institute of International Studies at Monterey. Fun fact: she can eat an entire jar of pickles in one sitting!

Cayley Chan she/her, they/them*UC Davis Undergraduate Student – 4th year Environmental Policy Analysis and Planning and Political Science – Public Service*

Cayley Chan is a 4th year Environmental Policy Analysis and Planning and Political Science -Public Service double major. She is one of the Student Advisors to the Chancellor and currently serves as the President of Prytanean Women's Honor Society. She previously worked as an Involvement Mentor at the Center for Student Involvement where she encouraged students to grow their leadership through student involvement and has pursued her interest in developing programs aimed at uplifting and empowering students of color in their leadership endeavors. This is her third year presenting at the Aggies Leading the Way conference. Fun fact, Cayley and Jessica (her co-facilitator for the 'Britney's free, now what...' session) have been best friends for 13 years. They are excited to share space with the community.

Ashley Christensen she/her/hers*UC Davis Undergraduate Student – 4th year, Biochemistry and Molecular Biology Center for Student Involvement*

Ashley Christensen is an Involvement Mentor with The Center for Student Involvement. Her main goal is to help students find resources and opportunities on campus so that they can best tailor their own college experience. Along with working at CSI, Ashley is also an undergraduate student at UC Davis. Currently, she is a senior majoring in Biochemistry and Molecular Biology with a minor in neuroscience. In the future, she would like to enter the medical field as a surgeon. A fun fact about Ashley is that she loves to craft and learn new things! As of now, she is learning the ukulele and how to origami!

Jessica Cuenco she/they*UC Davis Undergraduate Student - 5th year, Mathematical Analytics and Operations Research and Economics*

Jessica Cuenco is a 5th year undergraduate student pursuing double majors in Mathematical Analytics and Operations Research and Economic, with a minor in Education. Within the field of education, Jessica is interested in multicultural and restorative education which has been the backbone of her scholarly activities. She is currently assisting with her second research project that uses statistical data to narrativize the experiences of students from underrepresented communities from an ethnic studies perspective. Jessica is also a McNair Scholar, NASPA Undergraduate Fellow, and former Bulosan Center's Education and Retention intern. This is Jessica's first year presenting at the Aggies Leading the Way conference.

Allysa De Vera she/her/hers*UC Davis Undergraduate Student - 3rd Year Neurobiology, Physiology, and Behavior*

Filipinx Association for Health Careers, First Year Aggie Connections Peer Mentor, Aggie Public Health Ambassador Allysa De Vera is a current third year undergraduate student at UC Davis majoring in Neurobiology, Physiology, and Behavior along with pursuing a psychology minor. Interested in working with children, Allysa's field of interest in neurodevelopmental behavior and disabilities in children with disabilities such as Autism Spectrum Disorder and ADHD. Allysa hopes to become a pediatrician or child life specialist to study and work with children with disabilities to study more about environmental factors contributing to brain development and spread awareness of Autism Spectrum Disorder. In her free time Allysa loves to thrift for clothes and accessories along with spending time with her cat.

Dr. Kristin Dees she/her/hers*UC Davis Center for Student Involvement*

Dr. Kristin Dees (ED.D.) is currently the Director of the Center for Student Involvement at the University of California Davis. Kristin received her Doctorate of Education conducting her dissertation on first-generation student leadership development. She has 16 years of experience in college student transition, student organization advising, leadership development, community service, risk management, event planning, and responding to freedom of expression incidents. Kristin is a certified Gallup Strengths trainer and has been doing strength training and development since 2008.

Maira Delgado she/her/hers*UC Davis Internship and Career Center*

With over 25 years in higher education and non-profit work, Maira has experience teaching intercultural communication and social justice and co-creating programs that collaborate with underserved students and communities. While at UC Davis, she managed a pre-law program for first generation college students at King Hall, the UCD School of Law, conducted workshops on preventing sexual harassment, and developed a peer mentorship program for international students. At her previous position at a health science college, she created a service-learning program focusing on social justice issues in health care, taught courses to prepare students for community service with non-profit organizations and schools, and developed partnerships. Maira is grateful to the students and community members for sharing their stories, which has made her a better mentor, advisor, teacher, and human being. Outside of work, Maira loves spending time with her three sons and sometimes embarrasses them with her love for dancing.

Lynn Fowler she/her/hers*UC Davis Internship and Career Center*

Lynn is a Senior Career Advisor and a proud alumni of UC Davis who holds a Bachelor of Arts degree in Psychology. She also attended Bowling Green State University in Ohio, where she received a Masters of Arts in College Student Personnel, with an emphasis in counseling. She has had a varied career in higher education and K-12 education. She has held a variety of advising and administrative positions at UC Davis-from Quarter Abroad to the Residential Education Office, to Leading Roles/leadership development. Lynn is thrilled to help students to clarify their career goals and to support students in their career development. She especially enjoys connecting students and employers, the process of career exploration including clarifying strengths, and developing the tools to gain employment. In her spare time she is passionate about mindfulness and is a yoga instructor.

Dr. Helen Fraiser she/her/hers*Assistant Vice Provost for Undergraduate Education
Accreditation Liaison Officer & Chief of Staff*

Dr. Fraiser is responsible for broad oversight of the academic programs centrally administered through Undergraduate Education. She manages strategic decision efforts in collaboration with the undergraduate Associate Deans of the four colleges, Student Affairs, the Offices of the Chancellor & Provost, and the UC Office of the President. She also provides principal counsel to the Vice Provost & Dean to conceptualize and implement initiatives that advance and support undergraduate academic experiences. Within Undergraduate Education, she works directly with four academic and administrative teams: the Center for Leadership Learning, Academic Advising Enrichment, Communications, and Business Operations. Dr. Fraiser actively serves the campus on various initiatives and working groups, such as the Aggie Launch Collective, Aggie Orientation, and the Diversity & Inclusion Executive Leadership Team, to support a students-first culture at UC Davis. Dr. Fraiser's academic research focuses on institutional barriers to degree completion, attrition, and time to degree. She is an accomplished violinist, with performances including symphonic, soundtrack, and solo appearances. Dr. Fraiser received her Ph.D. in Higher Education Leadership and Policy from the University of Maryland, College Park. She holds an Ed.M. in College Student Services Administration from Oregon State University, and a B.A. in Music (violin and voice) from the University of Puget Sound.

Jesús Gonzales Cruz he/him/his*UC Davis Undergraduate Student – 4th year, English & Sociology
UC Davis Center for Leadership Learning*

Jesús González Cruz is a senior studying English and Sociology at UC Davis. In addition, he is pursuing a Thesis Project in order to graduate with Honors in the English department. Jesús is going on his second year with the Center for Leadership Learning, first by participating in the Student Leadership Development Program and then interning as a Peer Educator. In addition to his work with the CLL, Jesús is also Co-President of both the Environmental Club at UC Davis and the Book Club at UC Davis. In his free time, Jesús likes holding communal dinners with his friends, reading an not-at-all-excessive amount of manhwa, lifting weights, and plotting World Domination.

Susana Ojeda Lopez she/her/hers*UC Davis Undergraduate Student - 5th year, Sociology - Organizational Studies
UC Davis Center for Leadership Learning*

Susana Lopez is a third year transfer student originally from Los Angeles studying Sociology - Org Studies with an emphasis in Social Welfare at UC Davis. In addition to being a full-time student, Susana is a Shift Supervisor at Starbucks, where she has been a partner for six years. When she's not making your favorite latte, Susana enjoys Ballet Folklorico and has been dancing for over a decade.

Mike Lorenzen, Ed.D he/him/his*UC Davis Associate Athletic Director*

Mike Lorenzen has a Bachelor of Arts in International Relations from Maryland, a Masters in International Finance and Management from Yale, and a Doctorate in Higher Ed Admin and Leadership from Pacific. After more than two decades of coaching artistic women's gymnastics at the Olympic and NCAA levels, he has spent the last decade working in athletic administration as a subject matter expert in leadership development and team dynamics. Mike's ongoing research, writing, and consulting work are focused on a cross-disciplinary approach to human behavior at both individual and group levels. He spends his time with partner Lina, dogs (Bessie, Bennie, and Kiwi), and #vanlife.

Jennie Moylan she/her/hers*UC Davis Global Learning Hub*

Chancellor May recognized Jennie Moylan with the Staff Excellence Award, for promoting inclusiveness and a deep understanding and respect for the diversity of cultures, values and beliefs that make up our international university in her First Year Aggie Connection “Spoken World Storytelling” workshops. Jennie brings nine years of experience to advising students who want to have a global learning experience at UC Davis, such as study abroad, internships, and the Global Studies Minor. Jennie earned an interdisciplinary degree in “Intercultural Healing” from UNC, Chapel Hill and took that book learning to practical application as a health volunteer in Peace Corps, Togo, West Africa.

Ashley Murillo Delgado she/her/hers*UC Davis Alumna, 2020*

Ashley Murillo was raised in Riverbank, CA a small town in rural California. She is a recent first-generation UC Davis graduate with a Bachelors' in Psychology. Through her college years she discovered that she wanted to become a therapist to help the underserved communities in Northern California. She now has a full-time job helping adults with mental illnesses in a mental health facility.

Christie Navarro she/her/hers*UC Davis Center for Leadership Learning*

Christie Navarro serves as the Director of the Center for Leadership Learning (CLL) at the University of California, Davis. She has been a part of the UC Davis community for 16 years, with 15 of those years leading the CLL. Prior to her tenure at UC Davis, Christie served as the California state representative for the college admission testing organization ACT, as a regional outreach coordinator for UC Merced Early Academic Outreach Program, and as a case manager for Court Appointed Special Advocates (CASA) of Tulare County. Christie earned her Bachelor of Science in Psychology and Master of Arts in Higher Educational Leadership from California State University, Sacramento. As a leadership educator, Christie infuses identity development, inclusivity, and social justice and change into her teachings and is passionate about supporting students on their leadership journey.

Jose Samano Catalan he/him/his*UC Davis Undergraduate Student – 4th year, Psychology and Cognitive Science
Center for Student Involvement*

Jose Arturo Samano Catalan works for the Center for Student Involvement (CSI) as an Involvement Mentor. His goal as an Involvement Mentor is to help students find a sense of belonging on campus by connecting with them and helping them find their community. Along with working for the CSI, Jose is an undergraduate research assistant at the Laboratory for Neural Mechanisms of Attention studying under Dr. George R. Mangun. He is a fourth year undergraduate student double majoring in Psychology and Cognitive Science while concurrently pursuing a minor in Education. His future plans consist of obtaining a Ph.D. in Neuroscience to ultimately become a research scientist and run his own research laboratory. Jose hopes to conduct experiments that can help mitigate, reduce, or eradicate mental health disorder symptoms to alleviate and reduce pharmaceutical medical treatment options. A fun fact about Jose is that he is extremely curious and actively pursues his curiosity.

Emma Singletary she/her/hers*UC Davis Internship and Career Center*

Emma Singletary is currently a Career Advisor Intern at the Internship and Career Center! She is in her final (fingers crossed!) semester at Sac State where she is earning her Master's degree in (Career) Counseling. Although passionate about career development, counseling, and all things mental health, she actually received her undergraduate degree in History with a minor in English, which gives her a great perspective for counseling. She believes her background in History has helped give her a very holistic outlook on life and career development, and our connections between the two... But in another life, she thinks she would have gone on to get a PhD in History, where she would have wanted to study the history of Witchcraft!

Janice Tse she/her/hers*UC Davis Global Learning Hub*

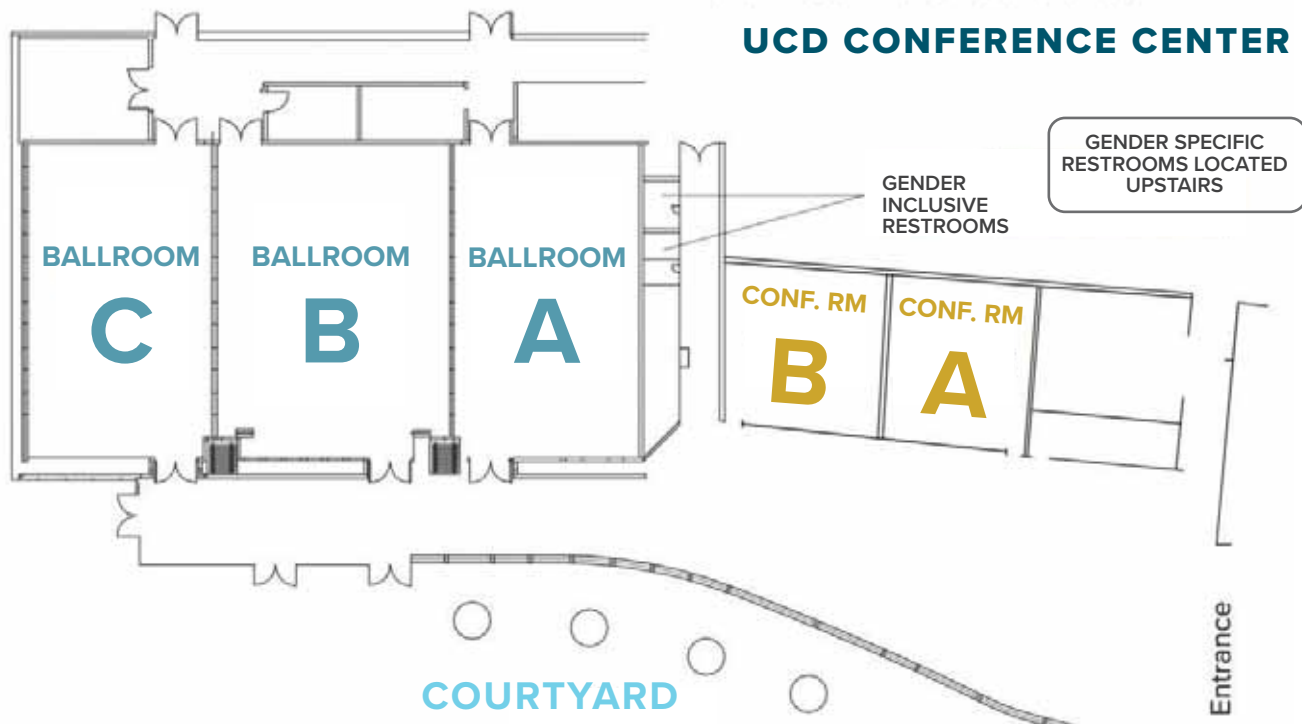
Janice Tse is an Intercultural Programs Coordinator with the Global Learning Hub, a part of UC Davis Global Affairs. She graduated with a Masters in Higher Education Administration from the University of Michigan, and received her B.A. from the University of North Carolina at Chapel Hill, double-majoring in Asian Studies and Peace, War, and Defense. Her work at UC Davis involves creating programming for students with a concentration on global and intercultural learning and engagement. In her free time she enjoys travelling, and has currently been to 20 countries, including living and working abroad for 3 years in Ethiopia and China.

Brandon Vernoy he/him/his*UC Davis Undergraduate Student – 5th year, Biological Psychology
UC Davis Center for Leadership Learning*

Brandon Vernoy is a fifth year studying biological psychology at UC Davis. In addition, he is pursuing the pre-medical route in order to apply, and (hopefully) graduate medical school as a psychiatrist. Brandon has been with the Center for Leadership Learning for over four years, starting in the programming with the Student Leadership Development Program and then interning, first as a Peer Leader, then a Peer Educator and now is going on his second year as a data coordinator. Aside from the CLL, Brandon conducts research in the field of chemistry education under Dr. Ozcan Gulacar where he analyzes complex data and aids in writing academic papers. In the approximately two hours of free time he gets per day, Brandon loves to lift weights and go on multi-mile runs or learn to cook a new food.

CONFERENCE LAYOUT

UCD CONFERENCE CENTER



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