

What is a Career Vision Board?

A collection of photographs, trinkets and sketches that reflect an individual's goals and dreams for the future/career

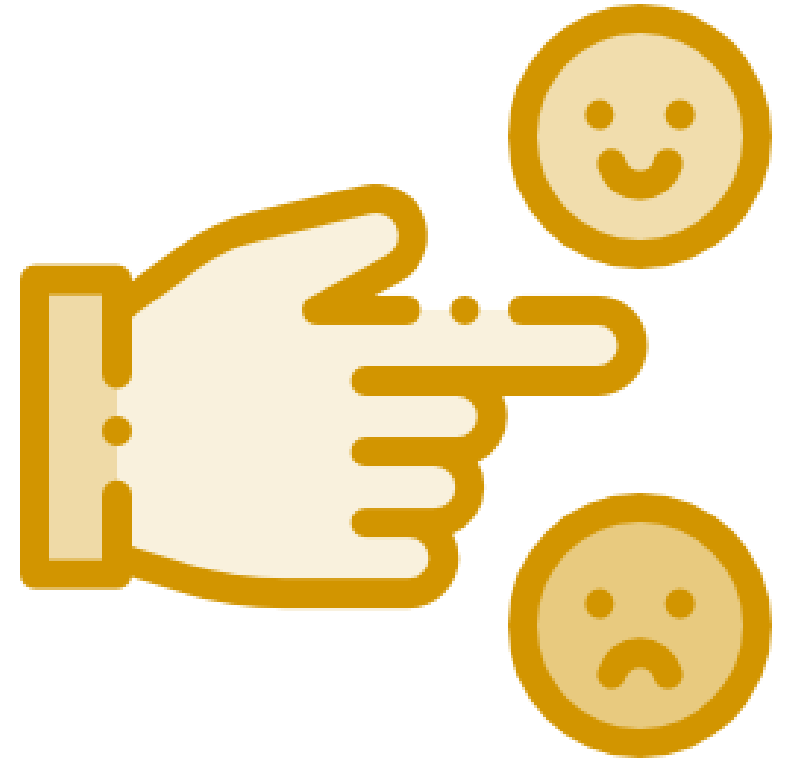


Values

Values are beliefs about what is important or desirable

- ❑ When your values line up with how you live and work, you tend to feel more satisfied and confident
- ❑ Living or working in ways that contradict your values can lead to dissatisfaction, confusion, and discouragement

What are the values that you possess as a leader?



Instructions

Incorporate images, quotes, words from magazines that represent your values, dreams, or goals as a leader



Questions for reflection:

- ☐ What does a leader look like?
- ☐ How do I want to lead in 3, 5, or 10 years from now?
- ☐ Who do I admire that exemplifies excellent leadership?

Debrief



Find a partner and discuss your vision board:

- ☐ Any “aha” moments?
- ☐ Describe one of your goals and next steps to that goal

How to Use the Vision Board

Use your vision board as a visual reminder of your goals.

Post your vision board in a place you look at on a daily basis (e.g., mirror, refrigerator).



THANK YOU

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