What is a Career Vision Board?

A collection of photographs, trinkets and sketches that reflect an individual’s goals and dreams for the future/career.
Values

Values are beliefs about what is important or desirable

- When your values line up with how you live and work, you tend to feel more satisfied and confident.
- Living or working in ways that contradict your values can lead to dissatisfaction, confusion, and discouragement.

What are the values that you possess as a leader?
Instructions

Incorporate images, quotes, words from magazines that represent your values, dreams, or goals as a leader.

Questions for reflection:
- What does a leader look like?
- How do I want to lead in 3, 5, or 10 years from now?
- Who do I admire that exemplifies excellent leadership?
Debrief

Find a partner and discuss your vision board:

- Any “aha” moments?
- Describe one of your goals and next steps to that goal
How to Use the Vision Board

Use your vision board as a visual reminder of your goals.

Post your vision board in a place you look at on a daily basis (e.g., mirror, refrigerator).
Drop-In Advising (10-15 minute sessions)
Check website for hours

30 Minute Appointments
Schedule online:
https://icc.ucdavis.edu/services/advising

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THANK YOU