**Leadership Essentials** Workshop Series



## Why attend?

- Strengthen your leadership skills and knowledge
- **Increase effectiveness** within your jobs, student groups, programs, classes, and personal life
- Build peer and mentor connections
- Meet other motivated student leaders
- Workshops are open and free of charge to all UC Davis undergraduate students

## **New Workshop Topics**

Three new workshops for 2019 have arrived!

- Ethics and Trust
- Balancing Your Plate
- Global Perspectives

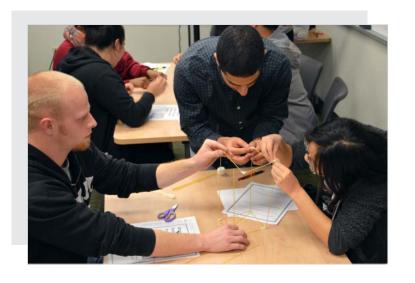
All workshops count toward participation in the CLL Rewards Program and are free for all undergraduate students. Participation in the Student Leadership Development Program (SLDP) is not necessary to attend.

# About the CLL

The Center for Leadership Learning (CLL) is a **free resource** to all undergraduate students that offers a unique space for them to engage in the study of leadership through a variety of fun and interactive programs.



For more information, scan or visit cll.ucdavis.edu



# **Leadership Essentials** Workshop Series

Spring 2019 Workshop Calendar



#### Foundations of Leadership

Leadership is more than title and position, telling others what to do, or having authority and power. Rather, it is a process of collaborating with others to create positive change. This workshop will help you deconstruct outdated ways of thinking about leadership and highlight practices needed to address complex problems for a complex world.

Monday, April 1 5:10-7:00p

Wednesday, May 1 4:40 - 6:30p



#### Self-Awareness

Each person brings individual qualities, experiences and values when engaging in leadership, and understanding of these aspects of yourself is essential. In this workshop, you will explore how self-knowledge impacts your goals as a leader and helps you navigate interactions with

Monday, April 8 5:10 - 7:00p

Wednesday, May 15 4:40 - 6:30p



## **Balancing Your Plate\***

People often have varied responsibilities that compete with one another, are overwhelming, and impact the quality of decisions. For a leader to be effective, it is necessary to find balance between each of their pursuits. In this workshop, you will learn to set priorities, strategize a time management plan, and practice self-care.

Wednesday, April 10 Tuesday, April 23 4:40 - 6:30p

4:10 - 6:00p



#### Communication

Communication is multidimensional and involves more than just talking. Awareness of what is communicated beyond words is essential. This workshop will help you learn techniques to use within multiple contexts, develop an awareness of communicating across difference, and employ active listening skills.

Wednesday, April 17 4:40 - 6:30p

Monday, May 6 5:10 - 7:00p



\* Workshop is not a prerequisite for the Student Leadership Development Program (SLDP)





**New Topic!** 



#### **Ethics and Trust\***

Every decision a person makes is guided by their own set of ethics. In this workshop, you will explore ethics as a framework for decision-making, clarify your own ethical principles, understand the importance of integrity within organizations, and learn ways to build individual trust.

Wednesday, April 3 Monday April 22

4:40 - 6:30p

5:10 - 7:00p

Tuesday May 28 4:10 - 6:00p



#### **Conflict Management**

Conflicts are often seen in a negative light, but when viewed through a different lens, they can become opportunities for change and growth. In this workshop, you will learn to recognize multiple forms and factors of conflict and practice different approaches of conflict management.

Tuesday, April 9

Monday, May 13 5:10 - 7:00p

4:10 - 6:00p



#### Dimensions of Diversity

To effectively collaborate, we need to understand and learn from others who embody different identities, experiences, and beliefs. This workshop will help you explore social identities, ways in which difference impacts how we interact with others, and the concepts of power, privilege and oppression.

Monday, April 15

Tuesday, May 7

5:10 - 7:00p

4:10 - 6:00p



#### **Group Development**

Group work is something you will encounter throughout college and beyond. When working with others, it is helpful to have a solid understanding of how groups form, operate, and change. In this workshop, you will learn how to establish productive relationships and foster teamwork within your group.

Tuesday, April 30

Monday, May 20

4:10 - 6:00p

5:10-7:00p

## **Global Perspectives\***

As we live in a continuously globalized environment, awareness and acknowledgement of cultural difference is vital to effective leadership. Participants in this workshop will develop the foundations that are important to understanding and adapting to the diverse climates and situations in which they will encounter throughout their lives. This workshop was developed by UC Davis Global Affairs as part of a collaborative initiative with the Center for Leadership Learning.

Monday, April 29 Wednesday, May 8 Tuesday, May. 21

4:10 - 6:00p

5:10 - 7:00p

4:40 - 6:30p

1350 The Grove

Friday: Appointments Only









