Leadership Essentials Workshop Series

Self Awareness

Foundations of Leadership

Communication

Learn to Lead. Lead with Purpose.

Conflict Management

Dinensions of Diversity



The LEWS consists of topical workshops related to leadership. Take as few or as many as you would like to best address your interests and goals.

Why attend?

Group Development

- Invest in your leadership skills and knowledge
- Boost your **confidence** in internships, student groups, classes, and personal life
- Build peer and mentor connections
- Engage in **fun** and educationally **rewarding** activities

About the workshops

- Workshops are open and **free of charge** to all UC Davis undergraduate students
- All workshops count toward participation in the
 CLL Rewards Program
- Most workshops serve as a starting point and prerequisite for the *optional* Student Leadership Development Program (SLDP)

About the CLL



The Center for Leadership Learning (CLL) is a **free resource** to all undergraduate students that offers a unique space for them to engage in the study of leadership through a variety of fun and interactive programs.



For more information, scan or visit cll.ucdavis.edu



Leadership Essentials Workshop Series

Fall 2019 Workshop Calendar



Balancing Your Plate

People often have varied responsibilities that compete with one another, are overwhelming, and impact the quality of decisions. For a leader to be effective, it is necessary to find balance between each of their pursuits. In this workshop, you will learn to set priorities, strategize a time management plan, and practice self-care.

Monday, Oct. 7 4:10 - 6:00p Tuesday, Oct. 8 5:10 - 7:00p



Dimensions of Diversity*

To effectively collaborate, we need to understand and learn from others who embody different identities, experiences, and beliefs. This workshop will help you explore social identities, ways in which difference impacts how we interact with others, and the concepts of power, privilege and oppression.

Tuesday, Oct. 15 5:10 - 7:00p



Communication*

Communication is multidimensional and involves more than just talking. Awareness of what is communicated beyond words is essential. This workshop will help you learn techniques to use within multiple contexts, develop an awareness of communicating across difference, and employ active listening skills.

Tuesday, Oct. 22 5:10 - 7:00p Monday, Nov. 18 4:10 - 6:00p

Monday, Nov. 4

4:10 - 6:00p

Workshops are held in 1310 The Grove.

No advance registration is necessary. Students must arrive on time and stay for the entire duration. Early arrival is encouraged as space is limited.

* Workshop is a prerequisite for the Student Leadership Development Program (SLDP).



Foundations of Leadership*

Leadership is more than title and position, telling others what to do, or having authority and power. Rather, it is a process of collaborating with others to create positive change. This workshop will help you deconstruct outdated ways of thinking about leadership and highlight practices needed to address complex problems for a complex world.

Monday, Oct. 14 4:10 - 6:00p

Tuesday, Nov. 12 5:10 - 7:00p



Self-Awareness*

Each person brings individual qualities, experiences and values when engaging in leadership, and understanding of these aspects of yourself is essential. In this workshop, you will explore how self-knowledge impacts your goals as a leader and helps you navigate interactions with others.

Monday, Oct. 21 4:10 - 6:00p Tuesday, Nov. 19 5:10 - 7:00p



Conflict Management*

Conflicts are often seen in a negative light, but when viewed through a different lens, they can become opportunities for change and growth. In this workshop, you will learn to recognize multiple forms and factors of conflict and practice different approaches of conflict management.

Monday, Oct. 28 4:10 - 6:00p Tuesday, Nov. 26 5:10 - 7:00p



Group Development*

Group work is something you will encounter throughout college and beyond. When working with others, it is helpful to have a solid understanding of how groups form, operate, and change. In this workshop, you will learn how to establish productive relationships and foster teamwork within your group.

Tuesday, Oct. 29 5:10 - 7:00p Monday, Nov. 25 4:10 - 6:00p

1350 The Grove Davis, CA 95616

Friday: Appointments









UCDAVIS Center for Leadership Learning Office of Undergraduate Education