

UC DAVIS
Center for Leadership Learning
Office of Undergraduate Education

Leadership **Amplified**

Perspective | Collaboration | Community



2018
Undergraduate
Leadership Conference



Saturday, February 24



10:00am - 5:00pm



UCD
Conference Center

What are personal gender pronouns?

At UC Davis, we value self-expression and self-identification for all members of our community.

One of the ways in which we do this is including Personal Gender Pronouns when making introductions. Pronouns are used when describing someone in the third person.

Examples of these can include, but are not limited to:

they, them, theirs

she, her, hers

he, him his

zer, zirs, xie, hir, hers

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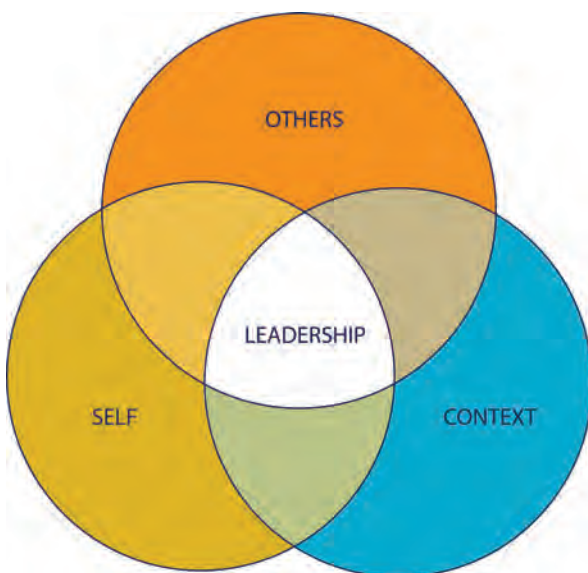
Conference Mission

This year's conference theme is Leadership Amplified. When an individual amplifies their leadership, they draw upon unique perspectives to bring awareness to things they care about, foster collaboration with the people around them, and empower their communities to work together toward positive change. By amplifying leadership, people can create more energy, expand spheres of influence, and increase their impact on the world.

Through a variety of interactive workshops and large-group activities, the conference aims to help students:

- > Develop their unique perspective
- > Foster collaboration with others
- > Empower their communities

What is Leadership?



Leadership is much more than title and position, telling others what to do, or having authority and power. Leadership is about having purpose, both as an individual and as a group, to intentionally make a positive difference. Leadership can only occur when each of the following components are fully functioning together. (See diagram on left).

To help students explore all three components of this leadership model, workshops for the 2018 Aggies Leading the Way! Conference will explore topics related to “Self” in Session 1, “Others” in Session 2, and “Context” in Session 3.

These three essential components merge to form a connection that helps guide both formal and informal leaders on their journey to create change. The circular figures represent the continuous process of growth, learning and the practice of leadership.

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Conference Agenda



10:00AM - 10:30AM	CONFERENCE REGISTRATION & CONTINENTAL BREAKFAST <i>Conference Center Lobby</i>
10:30AM - 11:10AM	CONFERENCE WELCOME Christie Navarro, Director - Center for Leadership Learning <i>Ballroom A, B, C</i> ANCESTRAL BLESSING Val Sierra, Youth Peer Support Specialist -Sacramento Native American Health Center <i>Ballroom A, B, C</i> VOICES FOR CHANGE Rohan Singh, Peer Leader Intern - Center for Leadership Learning <i>Ballroom A, B, C</i>
11:15AM - 12:15PM	WORKSHOPS - SESSION 1 <i>Ballrooms A & C, Meeting Rooms A & B</i>
12:15PM - 1:05PM	LUNCH BREAK & NETWORKING <i>Ballrooms A & C & Conference Center Courtyard</i>
1:10PM - 2:10PM	WORKSHOPS - SESSION 2 <i>Ballrooms A,B,C & Meeting Rooms A & B</i>
2:20PM - 3:20PM	WORKSHOPS - SESSION 3 <i>Ballrooms A,B,C & Meeting Rooms A & B</i>
3:20PM - 3:35PM	SNACK BREAK & NETWORKING <i>Conference Center Lobby</i>
3:40PM - 4:30PM	AFTERNOON PLENARY Christie Navarro, Director - Center for Leadership Learning <i>Ballroom A, B, C</i> 2018 RESOLUTIONS Val Sierra, Youth Peer Support Specialist -Sacramento Native American Health Center <i>Ballroom A, B, C</i> MOVING FORWARD & TAKING ACTION Alejandro Vilchez, Founder and Owner - AV Consulting <i>Ballroom A, B, C</i>
4:30PM - 5:00PM	CLOSING REMARKS & EVALUATIONS Christie Navarro, Director - Center for Leadership Learning <i>Ballroom A, B, C</i> RAFFLE PRIZES & THANK YOU Angela Perez De Tagle, Communications Intern - Center for Leadership Learning Joseph Nunez, Peer Educator Intern - Center for Leadership Learning <i>Ballroom A, B, C</i> CONFERENCE T-SHIRTS CLL Interns <i>Conference Center Lobby</i>

Ancestral Blessing & “2018 Resolutions”

by



Val Sierra

Youth Peer Support Specialist
Sacramento Native American Health Center

Valentín “Val” Sierra (Yoeme, Mexicano) is an intergenerational Native artist, scholar, and activist protector. He currently works at the Sacramento Native American Health Center as a Youth Peer Support Specialist and recently completed his undergraduate studies at UC Davis in Native American Studies. Val works to unsettle and decolonize oppressive systems through education in the name of liberation and self-determination. He centers himself by practicing traditional Native American beadwork, reading/writing poetry and watching Youtube makeup tutorials.

“Voices for Change” by



Rohan Singh

English Major
Undergraduate Student
University of California, Davis

Rohan Singh is an aspiring poet from South Sacramento, California. He is in his second year at UC Davis and is majoring in English. Rohan is a founding member of the Social Justice and Equity Collective that aims to educate students and enact change through discourse and taking action. His passion for social justice manifests within his art and poetry. Through Singh's raw delivery and unflinching exploration of life and his lived experience, he attempts to draw in audiences to deliver his message of change, and to build a sense of solidarity and collectivity among all people.

Conference Workshops



Session 1

11:15 - 12:15

This Is My Story: Finding Leadership in Your Own Voice

Maia Huang
Ballroom A

In this interactive workshop, participants will have the opportunity to give voice to their own personal stories through small group discussions and community sharing. By speaking about their identity and life experiences, participants will recognize how their unique perspectives and personal narratives contribute to their leadership skills.

Yes, YOU Are Creative: Put Your Imagination to Work

Kelli Sholer
Ballroom C

Creativity has become a vital component of being a leader in the 21st century economy. And yet, there is the myth only artistic people are “creative”. This workshop will dismantle this myth by examining how there is creative potential that exists in each of us and how we can tap into this potential to approach the problems that need solving in our world. Through group participation and breakout activities, the workshop will explore skills and abilities that will equip participants with further insight about developing their own creativity individually and collectively to impact the world in meaningful ways.

The Keys to Setting Your Personal Mission

Erica Lin
Conference Room A

Throughout the roller coaster ride of college, we tend to be overwhelmed by the present. Whether it's essays, exams, or extracurricular activities, students may feel stressed with their never-ending to-do list. In this session, students will learn more about the advantages of gaining self-awareness. From this introspective process, students will receive guidance in creating their own personal mission statement - a unique statement that keeps us inspired and motivated throughout life's challenges. This personalized message summarizes our purpose and aspirations. Students will have the opportunity to decorate their own key chain, which will serve as a daily reminder of their personal mission statement.

Mindfulness Based Leadership Maria Victoria Bundang & Trent Capurso

Conference Room B

Mindfulness Based Leadership is about being aware of ourselves and the actions that we may take as leaders. It is about understanding our own identities and how they impact our leadership style. Mindfulness centers around being conscientious of ourselves and the environment we are in as well as the environment that we create in the workplace. It becomes about how to navigate as an individual in the spaces that we enter. In an interactive activity, we will explore how to preserve ourselves despite the restrictions that institutions may place on us. We will be creating art as a means to learn about our individuality in the work place. We will paint abstractions, find meaning in it, and define what it may say about us.

Session 2

1:10 - 2:10

Effective Collaboration Realization

Kristin Dees

Ballroom A

Collaboration is a vital skill that employers are looking for in candidates. Can you articulate your collaboration style? What are the pros and cons of collaboration? How do you initiate a collaboration? What is effective collaboration? These are the questions this session will address and provide you a template for a collaboration action plan.

Building Your Team through Relationships, Group Process and Results

Alejandro Vilchez

Ballroom B

This interactive workshop will focus developing cohesion within a group by examining team dynamics such as trust, gossip, perceptions, assumptions, and leadership. The session incorporates hands on activities and discussions that will build capacity and confidence when working with others. By the end of the session students will be equipped to facilitate challenging situations and harness the best of their teams for maximum performance.

Establishing Professional Boundaries as a Student Leader

Kristopher Disharoon & Juan Blanco

Ballroom C

Come learn how to create professional boundaries between you and others as a student leader. We will examine the differences between expectations and boundaries. We will look at boundary issues that may arise with others through case studies and professional/personal area exploration. In the end, we will explore understandings of how to take initiative in setting your boundary limits and how to communicate these limits to others.

Rise of the Warriors

Odisea Macias

Conference Room A

What makes a warrior? Is it their supernatural fighting abilities, awesome outfits, or incredible basketball skills? This workshop is designed to equip participants with simple tools that will enable them to rise into action when working with others. By fostering and cultivating crucial relationships, we can empower and encourage others to work toward a common goal. We will discuss our unique roles in our communities, collaboration with others, and sharing a common vision. Join us, and learn how to suit up for action!

Democratizing Leadership: Success through Supporting Others

Nicole Garcia

Conference Room B

As the leader, you're often looked to for critical decisions, direction, and overall vision. How do you know where to start in untangling the process ahead? In this interactive workshop and presentation, we will navigate the pathway to balanced leadership by discussing strategies for team building, collaborating, leading by example, embracing honesty, and much more. Whether you're new to leadership or more experienced, the variety of topics covered will enable anyone to improve their skills.

Session 3

2:20 - 3:20

Building Coalitions: Issues to Action

Lina Mendez

Ballroom A

Students will learn how to prioritize, build partnerships, and execute their ideas with concrete follow-up steps. Participants will work as a team to identify an issue in their community/school that needs to change and together they will decide what steps/resources are needed to create this change. This workshop will allow participants to collaborate and partner with a diverse group of students to solve a common issue while learning the importance of strategizing to solve problems.

#Activism & You: Creating Change in 140 Characters

Val Sierra

Ballroom B

Do you own a smartphone? Do you love connecting with others on Facebook, Twitter, Instagram, etc? Have you ever used a #hashtag? In this workshop, we will examine the ways in which social media has been used to mobilize entire political movements with the use of hashtags and other viral means. Participants will uncover the power of #Activism as a valuable tool for social change. Come join us as we empower ourselves and our communities in advocating for change around the issues that matter to us!

Utilizing Community Engagement to Effect Change

Alejandro Vilchez

Ballroom C

We all know that change does not happen in a vacuum. Leaders need to collaborate with other leaders and community members to advance causes and make an impact. This workshop will highlight strategies on how to get involved with community groups to help tackle challenges and influence decisions.

Bridging the Community Divide Through Dialogue

Dhvani Thakkar & Tessa Oates

Conference Room A

This workshop will highlight how leaders can improve community capacity to engage differences as strengths while learning how to move from talking about issues to action. The concept of Dialogue will be introduced and how it differs from a discussion or a debate. Since Dialogue focuses on learning from and about real experiences of others, we will provide tools to help build empathy and relationships across lines of difference. Tools of Dialogue such as mindful listening, sharing personal experiences instead of facts, and determining intent vs impact will be explained.

Empowerment through Political Awareness & Activism

Romae Aquino

Conference Room B

This workshop, hosted by a representative of La Raza Pre-Law Student Association, will focus on introducing ways to be politically active and aware amongst the current political climate and various societal disparities. This interactive workshop will help participants understand methods of advocacy and tactics to pursue necessary changes to disproportionate systems. In the midst of numerous tensions within our communities, this workshop intends to promote ways to navigate such tensions in order to positively empower our communities.

Presenter Biographies



Romae Aquino

Undergraduate Student
International Relations, Political Science,
and Spanish Triple Major
University of California, Davis

Romae is a third year International Relations, Political Science, and Spanish triple major who is interested in becoming a foreign service officer with the United States Department of State. A fun fact about Romae is that when she studied abroad in Fall 2016, she traveled to 15 different countries through 28 flights, 14 trains, 13 buses, and 12 airports. All in 7 months!

Juan Blanco, B.A.

Student Life Supervisor
Center for Leadership and Development
American River College

Juan received his BA from Chico State in Child Development and Psychology and his MA from the University of Denver in Higher Education and Student Affairs. His primary fields of interest are Social Justice and Equity Work in a higher education setting. A personal fun fact about Juan is that he drinks milk with ice. If you want to know why, feel free to find him and ask!

Maria Victoria Bundang

Undergraduate Student
Psychology Major and Education Minor
University of California, Davis

Maria Victoria Bundang is a 4th year Psychology Major with a minor in Education. Her goal is to eventually go to grad school and get a PhD in Counseling Psychology. She currently on the board of several organizations on campus. Maria Victoria is the Secretary for the Davis Personal Development club; Membership Chair of Psi Chi, the Psychology Honors Society; Publicity Director and one of the facilitators for The Happiness Project; and the Deputy Director's Assistant for the UC Davis Mental Health Initiative. She is also one of the Smoke and Tobacco Free Ambassadors on campus. Despite her busy schedule, she still manages to have time for herself, her friends, and binge watching shows.

Trent Capurso

Undergraduate Student
History Major and Education Minor
University of California, Davis

Trent is a 4th year history major with a minor in education. He is also a peer leader for the Center for Leadership Learning, Vice-President of the Davis Personal Growth Club, and Treasurer for the Star Trek Club. After they graduate in the spring, Trent wants to earn a MA degree in history and potentially a PhD so that he can become a history professor at the community college level and continue to stay active and advocate in local communities. A quote from Tommy Wiseau that motivates Trent to persevere is, "You have to be the best you can be. And never give up."

Kristin Dees, Ph.D.

Director
Center for Student Involvement
University of California, Davis

Dr. Kristin Dees is the Director of the Center for Student Involvement at UC Davis. Center for Student Involvement provides leadership consultation and training for registered student organizations and campus-wide programs. Kristin received her Bachelor's Degree from Texas Christian University, her Master's Degree in Education specializing in College Student Services Administration from Oregon State University, and her Doctorate in Higher Education Leadership from California Lutheran University. Kristin's fun fact is that she loves to mentor students and has over 45 college student mentees during her 12-year career.

Kristopher Disharoon, M.S.

University Union Engagement Coordinator
University Union
California State University - East Bay

Kristopher received his BA from Western Carolina University in English with a concentration in Film Studies and his MS from Radford University in Counseling and Human Development with a concentration in Student Affairs Administration. His primary fields of interest are student activities and student unions, including engagement and educational opportunities that are offered through student involvement with them. A personal fun fact about Kristopher is that he loves comic books and his favorite character is Spider-Man.

Nicole Garcia

Undergraduate Student
Communication Major
University of California, Davis

Nicole Garcia is a fourth year Communication major. Throughout her time at UC Davis, she has served as the Director of Aggie Reuse Store, the campus' student-run center for sustainability, for the past 3 years. She has also co-founded the organizations Davis Women in Business, where she currently serves as President, and PERIOD, where she serves as the Program Director. Her interests include leadership, women empowerment, environmental advocacy, and social equity. After graduation, she hopes to launch her own business focused around these values. In her free time she enjoys reading, painting, and spending time with cats.

Maia Huang, M.A., LMFT

CAN Community Counselor
Women's Resource and Research Center and LGBTQIA Resource Center
University of California, Davis

Maia Huang has a MA in Counseling Psychology from the California Institute of Integral Studies. She is a licensed marriage and family therapist with a specialization in expressive arts therapy. She has worked with young adults and college students from a variety of different backgrounds, including clients from the LGBTQIA community, ethnically diverse clients, and clients with disabilities, among others. She uses the arts and psychotherapy to assist clients to address issues such as LGBTQIA identity concerns, chronic illness, women's health and wellness, multiculturalism, life transitions, trauma, self-esteem, polyamory, and relationship issues in straight and same-sex couples. Fun fact: Maia tried skydiving many moons ago and managed to land on her feet still smiling.

Erica Lin, B.S.

UCD Alumna - Class of 2017
Psychology/Sociology Double Major and Education Minor
University of California, Davis

Erica graduated from UC Davis in June 2017. She double majored in Psychology and Sociology, with a minor in Education. Throughout college, Erica worked with Student Housing for three years, where she was able to guide first year students in their college journey. Her experiences at Davis have inspired her to pursue a career in counseling and public services. Fun Fact: Erica like all forms of potatoes, especially waffle fries.

Odisea Macias, B.S.

UCD Alumna - Class of 2017
Communication and Managerial Economics Double Major
University of California, Davis

Odisea Macias is an UC Davis alumna. She graduated with a degree in Communication and Managerial Economics. She wants to pursue a MBA at the UC Davis School of Management. Odisea is passionate about public speaking and empowering the youth. She currently serves as a youth group counselor and does outreach for different organizations.

Lina Méndez, Ph.D.

Associate Director
Center for Chicanx and Latinx Academic Student Success
University of California, Davis

Dr. Méndez is the Associate Director of the Center for Chicanx and Latinx Student Academic Success at the University of California, Davis. In 1999, she received the Gates Millennium Scholarship which helped her believe that her educational goals could become a reality. She applied to one of the best universities in the world and eventually attended Harvard University for her master's degree. She is very passionate about teaching and mentoring others. Throughout her educational career she has tried to open doors for the next generation of students who would become the professionals their communities desperately need. Her work has always revolved around social justice issues and building bridges through meaningful partnerships.

Tessa Oates

Undergraduate Student
Religion Studies Major and Human Rights Minor
University of California, Davis

Tessa is a senior studying Religion and Human Rights and hopes to pursue a Master's degree in Human Rights Education. As a trained moderator and an officer for the Sustained Dialogue student organization here at UC Davis, she is particularly interested in exploring how Dialogue and other thoughtfully constructed communication spaces can allow humans to better listen to, think about, and understand other people's perspectives and life experiences. Tessa is especially fascinated by the way storytelling about personal experiences can create a shared feeling of trust and compassion among a group. Some other topics that interest her include nonviolent communication and thought, self-appreciation and mental wellness, and conflict resolution techniques.

Kelli Sholer, M.S.

Undergraduate Advisor
Department of Anthropology and Sociology
University of California, Davis

Kelli is currently an undergraduate advisor at UC Davis in the Anthropology and Sociology departments and has 10 years of academic advising experience at UC Davis. She received her Master's degree in Counseling with a specialization in career counseling and generally uses approaches such as happenstance learning theory or integrative life planning in her work with students. She has specific enthusiasm for helping students navigate through their career exploration process. Kelli embraces self-care through going to musicals, trying new restaurants with her husband, and discovering new shows on Netflix.

Dhvani Thakkar

Undergraduate Student
Design and Psychology Double Major
University of California, Davis

Dhvani, which is pronounced "The One E", is a double major in Design and Psychology. She fathoms complexities – the mysteries that surround us – evolving humanity, our desire to share our stories, and our potential to be collectively compassionate. Currently, Dhvani is a Student Assistant at the Campus Dialogue Department, University of California Davis. She thrives on bridging divides by unraveling personal experiences. Creativity and empathy are core to her personality. Travel and Dialogue have taught her to embrace the ambiguities in differences. Let's just say, Dialogue transformed her perception on bridging divides and revealed to her the road less traveled.

Alejandro Vilchez

Founder and Owner
AV Consulting

Alejandro is a seasoned and recognized leader in the field of violence/gang prevention. He is a highly sought facilitator, trainer and public speaker with the ability to capture audiences in a fun yet focused manner in both English and Spanish. His areas of concentration are conflict resolution, youth development and non-profit organizational management. In 2004 he developed the Strengthening Neighborhoods Program that is now a model for law enforcement and neighborhoods working together to reduce street violence. He has served in multiple roles as a direct service provider, community liaison, grant writer, senior director and school administrator. Today he serves as an independent consultant to schools, local governments and non-profit organizations seeking support in the areas of safe school climate, team building, positive youth coaching and community engagement. He is a facilitator for Center for Leadership Learning at UC Davis, a certified trainer of Restorative Practices and author of "Off 2 Play", a workshop dedicated to icebreakers and activities. Alejandro is native to the San Francisco Bay Area and earned two Bachelor Degrees from Bethany University (Cross-Cultural Communications) and Notre Dame de Namur University (Human Services). He loves baseball, classic Chevy's and reading all things C.S. Lewis.



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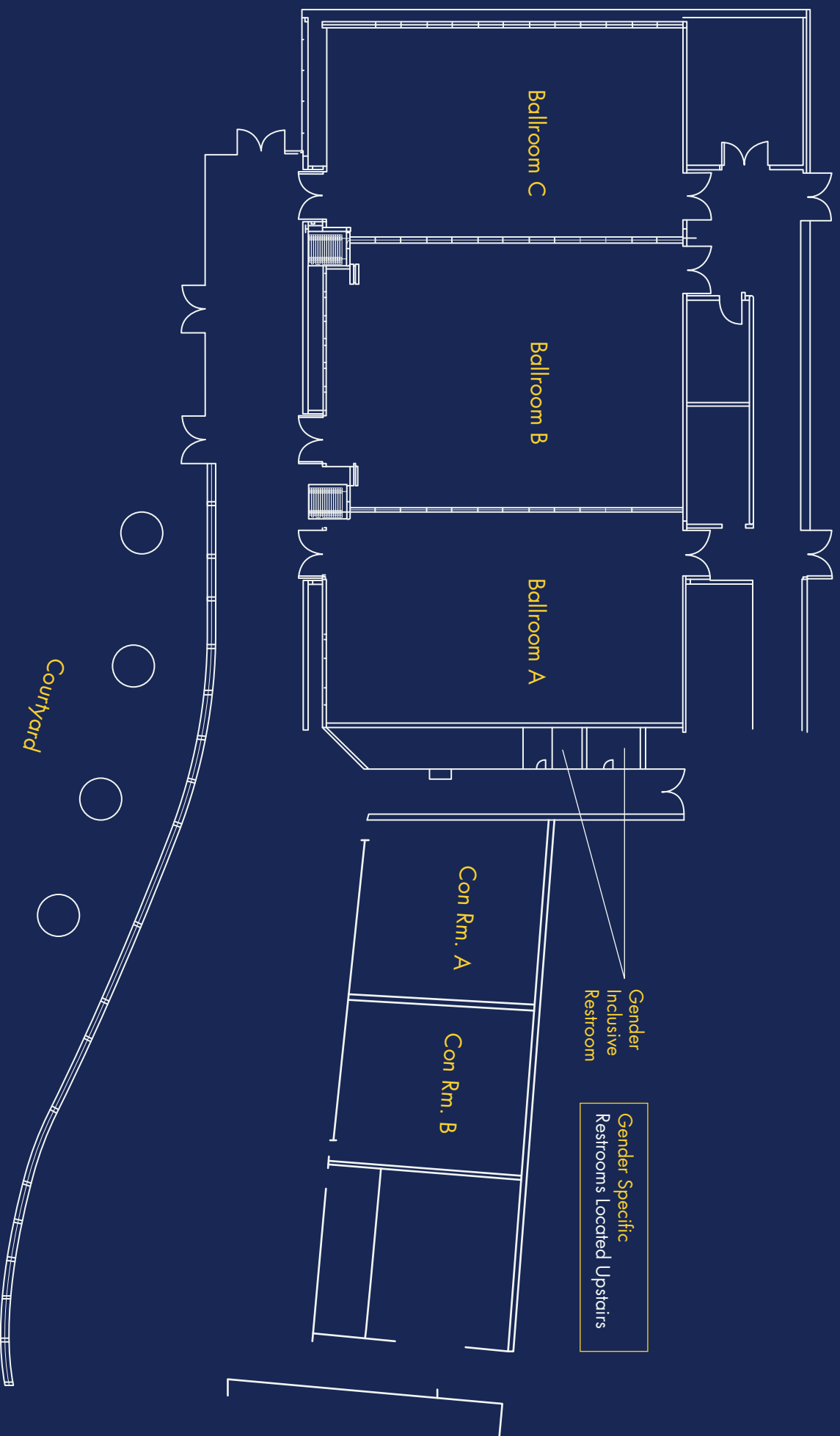
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Friday: Appointments Only



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**Thank you to the following campus partners for their
generous raffle prize donations:**

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International Academic English - Summer Start Program
First Year Aggie Connections
School of Veterinary Medicine
Student Academic Success Center
Transfer Reentry Center
UCD Athletics Department
Undergraduate Research Center
Women's Resources & Research Center

**Thank you to the 2018 conference planning
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