

FRIDAY, FEB. 7, 5PM &
SATURDAY, FEB. 8, 9:30AM

2014 AGGIES
LEADING
THE WAY

DISCOVERY
PARTNERSHIP
CHANGE



An Undergraduate Student Leadership Conference

Conference made possible through a partnership between Undergraduate Education
and the Division of Student Affairs and funds generated by ATM Campus Agreements.

CONFERENCE MISSION

This year's conference theme is *"Discovery, Partnership, Change"*. The goal of the Student Leadership Conference is to help students discover their leadership capacity, facilitate the creation of peer-to-peer partnerships, and empower them to create positive change in their community.

WHAT IS LEADERSHIP?

Leadership is much more than title and position, telling others what to do, or having authority and power. Leadership is about having *purpose*, both as an individual and group, and *intentionally* making a positive difference. Leadership can only occur when each of the following components are *fully* functioning together.



Model adapted from Shankman, M. L. & Allen, S. J. Emotionally Intelligent Leadership.

To help students explore all three components of this leadership model, workshops for the 2014 Aggies Leading the Way! conference will explore topics related to "Self" (Session 1), "Others" (Session 2), and "Community" (Session 3).

CONFERENCE AGENDA

SATURDAY, FEBRUARY 8, 2014 FREEBORN HALL & MEMORIAL UNION

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| 9:30am – 10:00am | Conference Registration & Continental Breakfast
<i>Freeborn Hall</i> |
| 10:00am – 10:30am | Conference Welcome
Christie Navarro, Director – Center for Leadership Learning
Keynote Speaker
Richard Engel, Assistant Vice Chancellor – Alumni Relations & Executive Director – California Aggie Alumni Association
<i>Freeborn Hall</i> |
| 10:40am – 11:30am | Workshops – Session 1
<i>Memorial Union Conference Rooms – 2nd Floor</i> |
| 11:40am – 12:30pm | Workshops – Session 2
<i>Memorial Union Conference Rooms – 2nd Floor</i> |
| 12:30pm – 1:15pm | Lunch Break & Networking
<i>Freeborn Hall</i> |
| 1:30pm – 2:20pm | Workshops – Session 3
<i>Memorial Union Conference Rooms – 2nd Floor</i> |
| 2:30pm – 3:15pm | Student Leader Panel with Question & Answer
Panel Moderator: Thomas Whitcher, Sorority & Fraternity Life Coordinator – Student Housing
Star Bacon, Student Assistant to the Chancellor – Office of the Chancellor and Provost
Sam Blanco III, Director – Educational Talent Search
Martin Guo, Vice-Chair – Picnic Day
Sarah Ng, President – Cal Aggie Student Alumni Association
<i>Freeborn Hall</i> |
| 3:15pm – 3:30pm | Raffle Drawing & Prizes
Heather Prandini, Student Activity Coordinator – Center for Student Involvement
Alondra Vega, Program Coordinator – Center for Leadership Learning |
| 3:30pm – 3:45pm | Closing Remarks and Evaluation
Christie Navarro, Director – Center for Leadership Learning |



The Culture Bump: How Cultural Differences Lead to Discovering Human Commonalities

The Culture Bump is both a theory and methodology used for over 20 years in education, non-profit and business settings. A culture bump occurs when two or more people enter a situation with different expectations about a behavior. It can be caused by: communication styles, behaviors involving the use of time, space or speaking, physical objects such as clothing or artifacts, or even the architecture or decor of a location. Proxemics and formality differences can also cause a culture bump. A culture bump can either result in a relationship or a stereotype. These are affected by the amount of self-reflection, analysis and communication between the parties involved after the bump occurs.

by Moira Delgado, Outreach Coordinator – Services for International Students & Scholars

Smith Room

Finding Balance

This workshop will focus on time management skills and strategies students can use to maximize their potential and efficiency in college. Various activities will help analyze time management habits that may prevent students from participating in desired activities. Students will leave with practical strategies they can use to better balance their life, work, and school schedules.

by Olga Prizhbilov, Graduate Student Intern – Internship and Career Center

Felder Room

Wellness Jeopardy

Want to learn how to maximize your wellness? This interactive program explores the realms of wellness (social, occupational, physical, intellectual, emotional, spiritual and environmental) in a fun and exciting game show format. Put your knowledge to the test and get your wellness on!

by Lindsay Wetzel Polin, Health Educator, Natasha Fowler, Physical Activity Student Assistant & Shawna Branchev, Nutrition Student Assistant – Health Education and Promotion

Garrison Room

Walking Your Talk: The Value of Credibility in Leadership

In this activity-based workshop students will explore, learn and discuss the importance of knowing their own values, how well we live in alignment with our values, and the importance of credibility in leadership. Additionally, we will explore how context plays an important role in leadership. Participants can expect to learn areas of strengths and challenges in their own values alignment so that they can map out plans to grow in their personal development.

by Jenn Crowder, Conduct Coordinator – Student Housing

DeCarli Room

Navigating the Transition from Student to New Professional

This workshop will teach students about their values, interests, personality and skills and how they relate to different occupations. Career myths such as: "Your major determines your career, you cannot change your major, and some majors are useless" will be addressed. An activity will be utilized to help students learn about the skills they want to use on the job and which occupations utilize those skills. A values activity will be utilized to help students learn about the importance of considering their own values when choosing a field of study. Students will learn about different resources to help them explore different occupations further.

by Natasha Vyakhk, Graduate Student Intern – Internship and Career Center

MU II Room

Coaching to Improve Leadership Outcomes

This workshop will focus on understanding how leaders can better connect with others and create an effective coaching environment. By going through several exercises that practice active listening, intentional question formation and asking, and storytelling participants will better understand others and be able to connect through relevant personal experiences. The main goal of this presentation is to open the discussion of how emotional contact with others and understanding of their stories can allow for a better and more effective coaching environment.

by Ahmed Naguib, Conduct Coordinator – Residential Education Office, Student Housing

King
Lounge

The Culture Bump: How Cultural Differences Lead to Discovering Human Commonalities

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by Moira Delgado, Outreach Coordinator – Services for International Students & Scholars

Smith
Room

Feedback: How to give it, how to receive it, and how to make it work for you

In this workshop, we will cover Feedback – when to give it and how to frame it; knowing when to hold back or when to solicit it; and how to accept it and gracefully discuss it. We will role model feedback techniques with each other and situations that might or might not benefit from direct feedback will be highlighted.

by Dr. Sarah Hahn, Director – Counseling and Psychological Services, Student Health and Counseling Services

DeCarli
Room

How to Be an Influential Leader

One of the myths of leadership is that you have a formal position in order to make a difference. Effective leadership can be achieved through positive, ethical relationships with others. The gift of influence can only be obtained when you have a personal connection with each team member. Based upon several leadership models, this workshop will highlight common attributes and qualities that help leaders influence others and the environment around them.

by Richard Osibanjo, Product Technology Developer – Intel

MU II
Room

The Color of Your Personality and How to Make the Best of It

This workshop will focus on identifying one's own personality type and how it affects the world around us. The True Colors assessment will provide insight into how personality affects our interactions with others and the decisions we make in life. Strategies will be provided to help manage personality type and finding common ground with those who have different personality type preferences. Students will work with others to see the hands-on effects of personality type on team work and leadership.

by Olga Prizhbilov, Graduate Student Intern – Internship and Career Center

Fielder
Room

Handling the Unexpected: How to enhancing your flexibility and adaptability

Flexibility requires being open and adaptive to changing situations. More often than not, the best-laid plans don't always work out how we hope they will, but, effective leaders are able to respond to change by thinking creatively and using their problem-solving skills. This workshop will highlight how successful leadership depends on how well the leader reacts to unexpected circumstances and how students can practice adaptive thinking when faced with surprising situations.

by Christie Navarro, Director – Center for Leadership Learning

Fielder Room

Igniting the Socialpreneur Within

Socialpreneurs are ordinary people with extraordinary dreams. They don't wait for things to happen; rather they initiate change and benefit their local communities. Socialpreneurship is about thinking globally and acting locally. This workshop is for people who have big dreams and are looking for some direction or guidance on how to bring them to life. It will help bridge the gap of where you are to where you want to be. Participants will be able to identify projects they are passionate about and begin making a difference in peoples' lives.

by Richard Osibanjo, Product Technology Developer – Intel

Garrison Room

One Can Make a Difference - Getting Involved with Community Service

Giving back to your community is a great way to demonstrate leadership. You are taking a stand to improve the environment in which you live and it takes a true leader to take that initial step and make a difference. This workshop will help students discover where and how to implement philanthropy into their lives.

by Amrit Sahota, Student Manager – Community Service Resource Center

DeCarli Room

The Personal is Political: Reflecting on identity and turning passion into action

In this art-based workshop, participants will have the opportunity to reflect on identities they hold and their lived experiences. They will explore how these identities and experiences have given them passion for social and civic engagement. Finally, participants will consider courses of social and civic action they can take based on their passions.

by elizabeth coté, Interim Director – LGBTQIA Resource Center

Smith Room

Strong Group Leadership: You Can't Do It Alone

All strong leaders know how to lead and motivate others. If you are a student leader thirsting for ways to elevate your organization or wanting to learn more about group leadership, this workshop is for you! Through an interactive and engaging presentation, learn and leave with concrete ways to enhance operations, focus on a common purpose, motivate others, and improve the membership experience.

by Heather Prandini, Student Activity Coordinator – Center for Student Involvement & Thomas Whitcher, Sorority & Fraternity Life Coordinator – Student Housing

MU II Room

PRESENTER BIOGRAPHIES

Star Bacon is a Junior, majoring in Community and Regional Development, with a minor in African and African American Studies and Communications. Star is a former Resident Adviser for Campbell Hall and participates in a wide array of student organizations, committees and community activities including the Black Student Union, Food Services Committee, Leaders of Tomorrow, Distinguished Entrepreneurs United, Linda Frances Alexander Scholars, Winslow Gilhooly Award Committee, Student Recruitment and Retention Center, Cross Cultural Center, Black Family Week/Day Committee, and Student of Color Conference. She also interned with Associated Students of UC Davis. Star is the founder, president and event manager of Star Productions, located in Elk Grove, Calif.

Samuel Blanco III (SB3) was born and raised in the Central Kern County valley. He attended Richgrove Elementary, Cecil Jr. High, and graduated from East Bakersfield High school in 1987. Thereafter, Sam continued his education at the University of California, Davis campus and earned his Bachelors of Arts Degree in Economics, with a minor in Chicano Studies. Upon graduating, Sam worked as the Academic Coordinator for the UC Davis Upward Bound program for 2 years. He soon began working for the UC Davis Educational Talent Search (ETS) program as the Assistant Director and continued his education at Sacramento State University where he received his Masters of Arts in Educational Administration and Public Policy. Sam now serves as the Director of the UC Davis ETS program and plans to pursue a Doctorate of Education degree in the near future. Sam also serves as a school board Trustee for the Woodland Joint Unified School District. He is a proud father of two girls, Janeesa and Veronica, and happily married for 13 years to his beautiful wife Pam.

Shawna Branchev is a Nutrition Student Assistant with the Health Education Program. Shawna's goal is to promote healthy eating among students by organizing and planning the Harvest Garden at the Wellness Center, assisting with the UC Davis Farmers Market, and promoting healthy eating and wellness by offering various resources on campus to encourage students to increase their daily intake of fruits and vegetables. Shawna is a 4th year undergraduate and a Human Development major.

elizabeth coté was born at the base of a volcano in Northern California. In between getting a Bachelor's Degree in Legal Studies from UC Berkeley and serving as the Interim Director at the LGBTQIA Resource Center, elizabeth has had a myriad of professional and personal experiences that have influenced her passions. These experiences include working in mental health care direct services, researching the juvenile justice system, wandering through the Mojave desert, and doing LGBTQIA activism in Iowa. As a first-generation, mixed-Chicana, queer-identified woman, elizabeth is committed to working toward social justice and increasing inclusive practices at UC Davis.

Jenn Crowder has nearly 10 years of higher education experience and recently joined the Aggie community this past summer. She has experience in serving as a counselor to youth, a resident director, in student activities, Greek Life, first-generation populations, and now as a conduct coordinator for Tercero. As an undergraduate, she was active as a resident advisor, orientation coordinator, and on Inter-Greek Council. She earned her Bachelor's in Psychology from Pacific University and her Masters in Organizational Leadership from Gonzaga University. She is an active member of the NASPA student affairs affiliation and is passionate about helping students develop skills and growth in areas that will prepare them for their careers. She is excited to be here at Davis!



PRESENTER BIOGRAPHIES

Moira Delgado is the Outreach Coordinator at Services for International Students and Scholars. Her duties include managing the orientations and developing programs for both international students and scholars to help them integrate into the campus community. Having studied in two different countries, Moira has directly experienced the challenges of learning a new language and culture. She has taught English as a Second Language as well as intercultural communication. At UC Davis she worked five years in outreach at King Hall and five years facilitating workshops for the Sexual Harassment Education Program. Her previous work experience includes creating programs for newly arrived refugees in the U.S.A., coordinating mental health training with police officers, and developing workshops on cultural issues in health care. Moira, UCSB alum, holds a M.A. in French Language and Civilization and a M.A. in Italian Language and Civilization from Middlebury College.

Richard R. Engel currently serves as the Assistant Vice Chancellor for Alumni Relations and Executive Director of the Cal Aggie Alumni Association. He previously held the dual positions of Director of Relations and Director of Student Services and Outreach for the College of Agricultural and Environmental Sciences at the University of California Davis. Previously, Richard was an agricultural instructor at Woodland High School and Project Coordinator for the California Foundation for Agriculture in the Classroom. Richard obtained a Bachelor of Science Degree and Teaching Credential from UC Davis, both in Agricultural Education. He also holds a Master of Arts Degree in Education from California State University, Sacramento. Rich is a graduate of Class XXVIII of the California Agricultural Leadership Program, an Eagle Scout, and past recipient of an Award of Distinction by the College of Agricultural and Environmental Sciences. He currently resides in Woodland, CA with his wife Christine and two sons, Trevor and Jacob.

Natasha Fowler is a Physical Activity Student Assistant with the Health Education Program. Natasha's goal is to promote physical activity among students and increase the percentage of students who report being physically active on a regular basis. At Health Education and Promotion, Natasha organizes and facilitates programs and events around campus to inform students of the benefits of physical activity and teach them how to incorporate it into their lives. Natasha is a 3rd year undergraduate and a Nutritional Biochemistry and Psychology major.

Martin Guo is a fourth-year Biochemistry and Molecular Biology major from the Bay Area. Martin has been actively involved with UC Davis' Picnic Day for the last three years. Last year, Martin was Picnic Day's Technical Director and has returned this year as the Vice Chair for the 100th Picnic Day. He is also the current President of the Phi Delta Theta Fraternity. Martin has worked in an on campus laboratory in the Microbiology department for the last 4 years under Professor Scott Dawson.

Dr. Sarah Hahn is a Clinical Psychologist who came to UC Davis in the capacity of the Director of CAPS/Counseling on July 1. Prior to her work at UC Davis she was the Executive Director of Student Support Resources at City College in Harlem, New York, where she oversaw Counseling, Disabilities, and Student Housing, among others. She is passionate about suicide prevention, evidence based treatment, social justice, multiculturalism, first generation college students, and peer programming.



PRESENTER BIOGRAPHIES

Ahmed Naguib is currently a Conduct Coordinator in the Office of Student Development. Ahmed received his Master's degree from University of the Pacific in Educational Administration, and his Bachelor's degree from the University of California, Santa Barbara. He has deep interests in understanding human interaction, interfaith cooperation, and unpacking the gender binary.

Christie Navarro is the Director for the Center for Leadership Learning. Christie is very passionate about leadership education and the evolving discipline of leadership studies. Prior to her tenure at UC Davis, Christie served as the California state representative for the college admission testing organization ACT, served as a regional outreach coordinator for UC Merced Early Academic Outreach Program, and served as a case manager for Court Appointed Special Advocates (CASA) of Tulare County. Christie earned her Bachelor of Science in Psychology and Master of Arts in Higher Education Leadership from California State University, Sacramento. In addition to leadership, Christie is also very passionate about civic engagement, social justice, and developing a global mindset. She is an avid traveler and goes abroad each year.

Sarah Ng is a third year double major in Sociology and Psychology with an emphasis in Law. She began her student leadership at UC Davis by joining the Student Alumni Association during her freshman year. During fall of her second year, Sarah joined the Student Alumni Association Board of Directors as the Traditions Director. Sarah was elected President during her third year at Davis and made it her goal to push boundaries by innovating existing SAA programs, and adding new dimensions to SAA. She worked with her board to start Senior Technology Night, a new program that reached out to the senior homes in Davis, a community that SAA was previously uninvolved with. Sarah's involvement with Davis extended beyond SAA as well. She worked to serve underrepresented communities at Davis through her work at the Cross Cultural Center. The Internship and Career Center recognized Sarah's intersectional work with SAA and the Cross Cultural Center by awarding her a silver community award for her work with the Principles of Community week, Lao Youth Coalition Rally, Aggie Classrooms, and Adopt a Highway. Sarah has made it her goal to encourage student engagement both through student activism and personal development by seeking opportunities to provide educational opportunities to her fellow student leaders.

Heather Prandini works for the Center for Student Involvement at UC Davis where she coordinates leadership education through a 2-unit course, workshops, and student organization advising. Before coming to Davis, Heather lived in Colorado and worked in Student Activities at Front Range Community College, Boulder County Campus and in international housing at Colorado State University. She is originally from Central California, received her BA from Loyola Marymount University and her MS from Colorado State.

Olga Prizhbilov is a Graduate Student Intern with the UC Davis Internship and Career Center. She is in the process of earning her Master of Science Degree in Career counseling at California State University, Sacramento. Olga is experienced in working with students in different university systems such as the community college, CSU, and UC systems. One of her passions is helping students see options: whether it is options in finding a survival job, figuring out college majors, or in the career search. A strength Olga has is being able to embrace technology in a way that is most helpful to the student in their career development process. This high achievement standard of UC Davis students is what draws Olga to them. UC Davis students are a pleasure to work with and Olga is excited to be able to take on that role.



PRESENTER BIOGRAPHIES

Richard Osibanjo is passionate about people discovering and living their lives to the fullest. Richard has over 15 years of leadership experience in facilitating leadership development in academic settings. He has been a research chemist in the pharmaceutical industry and earned his PhD in Chemistry from UC Davis in Fall 2013. He currently resides in Hillsborough, Oregon where he works as a Product Technology Developer for Intel. Richard is happily married to Oyindamola and they are blessed with one son, David.

Amrit Sahota is the Student Manager of the UC Davis Community Service Resource Center (CSRC). Amrit's main job is to create and maintain relationships with non-profit organizations in order to connect Aggies. The work includes working with local non-profits in order to inform students of current opportunities as well as answer questions about working for a non-profit after graduation. The CSRC has connections with over 500 community partners in the Davis, Woodland, Sacramento, and San Francisco areas. Specifically, the CSRC hosts a quarterly Week-end of Service event in which students can sign up on line to volunteer with a group. Additionally, the CSRC also recognizes students who have dedicated much of their time to philanthropy through the Community Service Awards which are hosted very spring quarter.

Natasha Vyakhk is a Career Counseling professional that is working as a Graduate Intern at UC Davis Internship and Career Center. Natasha graduated from California State University, Sacramento with a Bachelor of Arts degree in Psychology. She is currently working on her Master of Science degree in Career Counseling at California State University, Sacramento. Natasha really enjoys helping students achieve their career goals by showing students the different paths that are available. Natasha has experience facilitating many workshops for students at UC and CSU campuses. Natasha's passion is to help students figure out their career goals, learn the steps needed to get there, and stay motivated to reach those goals.

Lindsay Wetzel Polin is a Health Educator with the Health Education and Promotion (HEP). HEP is a campus leader in providing student-centered education and advocating for health promoting environments to improve students' health and wellness, enable them to achieve their academic goals, and promote life-long wellness.

Thomas Whitcher currently works as a Sorority and Fraternity Life Coordinator within Student Housing at UC Davis where he advises 35 chapters and four governing councils in the areas of campus policy, self-governance, leadership development and risk management. Prior to coming to Davis, he worked for four years serving as the campus advisor to the fraternity and sorority community at Indiana University and Purdue University's joint campus in downtown Indianapolis. Originally from Monterey County, Thomas received a BA in History from CSU, Chico and a M.Ed. in Higher Education Administration from the University of Vermont.

CENTER FOR LEADERSHIP LEARNING



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leading in all areas of your life



LEAD
and inspire your community



The Center for Leadership Learning (CLL) offers a variety of co-curricular programs and activities to help undergraduate students develop their leadership and professional skills. The CLL's programs and services are open to all UC Davis undergraduate students and are free of charge.

CONFERENCE MADE POSSIBLE THROUGH A PARTNERSHIP BETWEEN UNDERGRADUATE EDUCATION AND THE DIVISION OF STUDENT AFFAIRS AND FUNDS GENERATED BY ATM CAMPUS AGREEMENTS.

The following UC Davis departments and local businesses generously donated items for conference attendees and raffle prizes:



SPECIAL THANK YOU TO THE CONFERENCE PLANNING COMMITTEE

The Aggies Leading the Way conference was made possible by contributions and dedication of the following UC Davis staff:



Front row from left to right: Heather Prandini (CSI), Thomas Whitcher (Student Housing), elizabeth coté (LGBTRC). Back row from left to right: Leslie Peek (Student Housing), Julie Agosto (SRRC), Alondra Vega (CLL), Kay Nelson (ICC), Christie Navarro (CLL). Not pictured: Richard Engel (CAAA), Jennifer Thayer (CAAA), and Ryan Walsh (CRU).