The Keys to Setting Your Personal Mission

2018 Undergraduate Leadership Conference
Leadership Amplified
What are you working towards?
What kind of impact do you want to have?
Who do you want to impact?
Activity
Self-Awareness

“Self-awareness is about understanding your own needs, desires, failings, habits, and everything else that makes you tick. The more you know about yourself, the better you are at adapting life changes that suit your needs.”

(Klosowski, 2014)

When a teacher asks 'So, any questions?'
And you sit there in silence because you
don't even know what you don't know.
How to Increase Self-Awareness

- Ask for feedback
- Question your own decisions
- Note what triggers certain emotions & reactions
- Journaling


Pham, T. (2017, Nov 10). The most important skill you can have to succeed in life. Medium. Retrieved from https://medium.com/@MrTamPham/the-most-important-skill-you-can-have-to-succeed-in-life-6457dca1203
Journaling

What do you value?

What are you passionate about?

What legacy do you want to leave?
What is a Mission Statement?

A personal mission statement is a unique statement that keeps us inspired and motivated throughout life’s challenges; it’s a reminder of our purpose and aspirations.


Guidelines & Suggestions

- There is no right or wrong way to do this!
- Be concise and realistic
- Have a holistic view
- Allow it to evolve with you
- It should be unique to you!


To be a teacher. And to be known for inspiring my students to be more than they thought they could be.

Oprah Winfrey,
Founder of OWN

To have fun in my journey through life and learn from my mistakes.

Sir Richard Branson,
Founder of The Virgin Group

Other Examples

“To inspire positive change through teaching and coaching”

“To create opportunities for today’s youth”

“To positively impact the life of every person I meet”

(Andrews, 2016)

Creating Your Mission Statement...

- Consider past successes
  - Write down three examples
    - Try to find a common theme
- Review your journal
  - Circle/highlight the areas that stand out to you
- Identify contributions
  - How can you make a difference?
    - What impact do you want to have?
- Create draft(s)
  - i.e. The purpose of my life is to...
Share your mission statement with others!
Thank you! 😊

- Keychain
- Evaluations
- Connect
- Questions?
Sources


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