YOU’RE GOING TO HEAR ME ROAR
Understanding and Navigating Your Quiet Leadership Style

Aggies Leading the Way Conference
Leah Galasso and Jaime Allen
February 25
Workshop Agenda

Going to the Moon
Defining Quiet Leadership
Famous Quiet Leaders
Values Assessment and Reflection
Goal Setting and Action Planning
Going to the Moon
What is Quiet Leadership?
Susan Cain’s TEDTalk
Quiet Leadership Spectrum
“It's different from being shy. Shyness is about fear of social judgment. **Introversion is more about, how do you respond to stimulation**, including social stimulation. So extroverts really crave large amounts of stimulation, whereas introverts feel at their most alive and their most switched-on and their most capable when they're in quieter, more low-key environments. Not all the time — these things aren't absolute — but a lot of the time. So the key then to maximizing our talents is for us all to put ourselves in the zone of stimulation that is right for us.” – S. Cain
How are you a Quiet Leader?
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Examples of quiet leaders
MEMORIES OF OUR LIVES, OR OUR WORKS AND OUR DEEDS WILL CONTINUE IN OTHERS.
- ROSA PARKS

“YOU SHOULDN’T DREAM YOUR FILM, YOU SHOULD MAKE IT!”
- STEVEN SPIELBERG

NEVER MISTAKE KNOWLEDGE FOR WISDOM. ONE HELPS YOU MAKE A LIVING; THE OTHER HELPS YOU MAKE A LIFE.
ELEANOR ROOSEVELT

“Everybody is a genius. But if you judge a fish by its ability to climb a tree it will live its whole life believing that it is stupid”
Albert Einstein
"It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all - in which case, you fail by default."

— J.K. Rowling

You may think I'm small, but I have a universe inside my head.

Yoko Ono

www.IntrovertSpring.com

"Move fast and break things. Unless you are breaking stuff you are not moving fast enough."

Michael Jordan

“Talent wins games, but teamwork and intelligence wins championships.”
Values assessment
**Journaling**

When doing group work, what do I do well? (strengths of QL)

What do I need from my group?

When do I show this style?

How do my identities influence how I show up as a Quiet Leader?

Would I be characterized as a QL?
Goal Setting

How will you harness your power as a Quiet Leader?
Sample Strategies
One Word Check-In

How are you feeling about being or supporting a Quiet Leader?
References


