

YOU'RE GOING TO HEAR ME ROAR

**Understanding and Navigating Your Quiet Leadership
Style**

**Aggies Leading the Way Conference
Leah Galasso and Jaime Allen
February 25**

WORKSHOP AGENDA

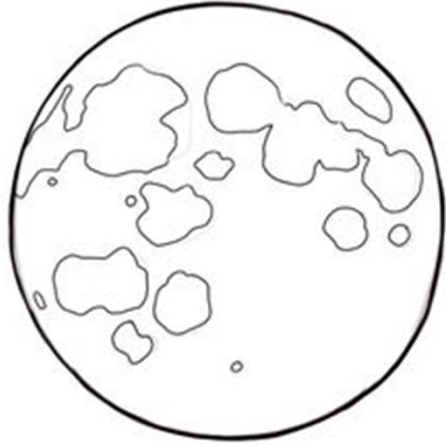
Going to the Moon

Defining Quiet Leadership

Famous Quiet Leaders

Values Assessment and Reflection

Goal Setting and Action Planning



GOING TO THE MOON



WHAT IS QUIET LEADERSHIP?



SUSAN CAIN'S TEDTALK





QUIET LEADERSHIP SPECTRUM



QUIET LEADERSHIP

“It's different from being shy. Shyness is about fear of social judgment. **Introversion is more about, how do you respond to stimulation**, including social stimulation. So extroverts really crave large amounts of stimulation, whereas **introverts feel at their most alive and their most switched-on and their most capable when they're in quieter, more low-key environments**. Not all the time – these things aren't absolute – but a lot of the time. So the key then to maximizing our talents is for us all to put ourselves in the zone of stimulation that is right for us.” – S. Cain

HOW ARE YOU A QUIET LEADER?

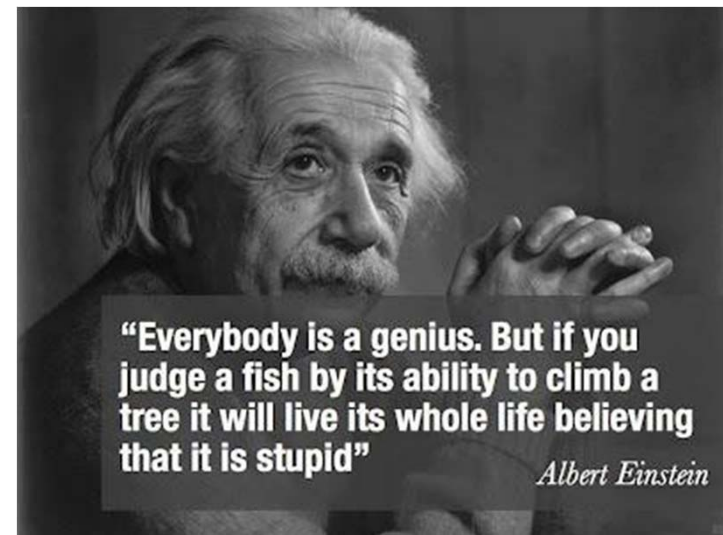
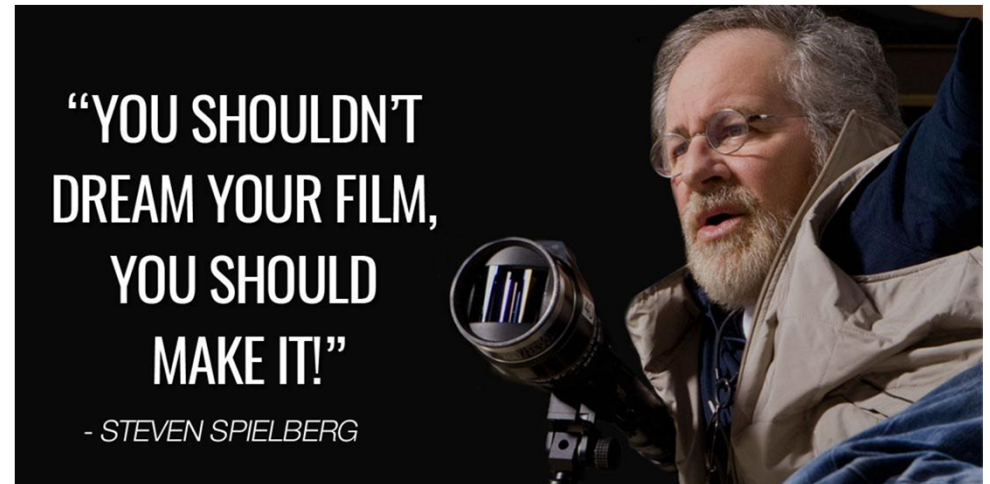


QUIET LEADERSHIP

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EXAMPLES OF QUIET LEADERS





"It is impossible to live without failing at something, unless you live so cautiously that you might as well not have lived at all - in which case, you fail by default."

— J.K. Rowling



"Move fast and break things. Unless you are breaking stuff you are not moving fast enough."



You may think I'm small, but I have a universe inside my head.

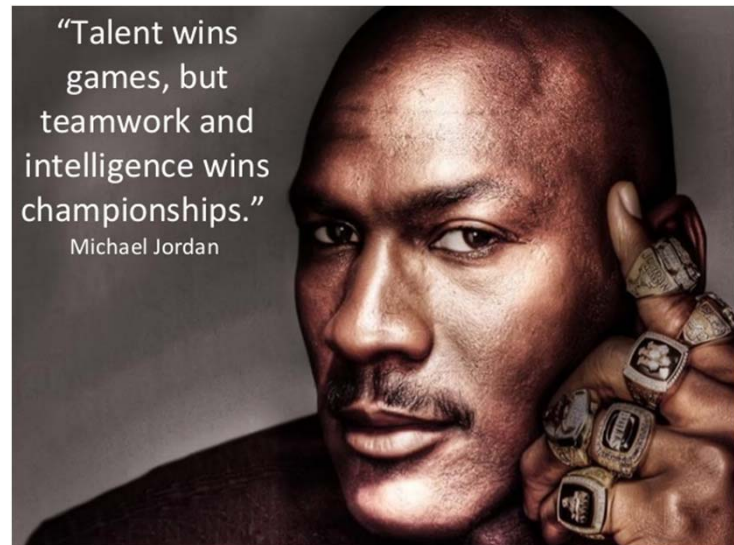
Yoko Ono

www.IntrovertSpring.com



"Talent wins games, but teamwork and intelligence wins championships."

Michael Jordan



VALUES ASSESSMENT



JOURNALING

When doing group work, what do I do well? (strengths of QL)

What do I need from my group?

When do I show this style?

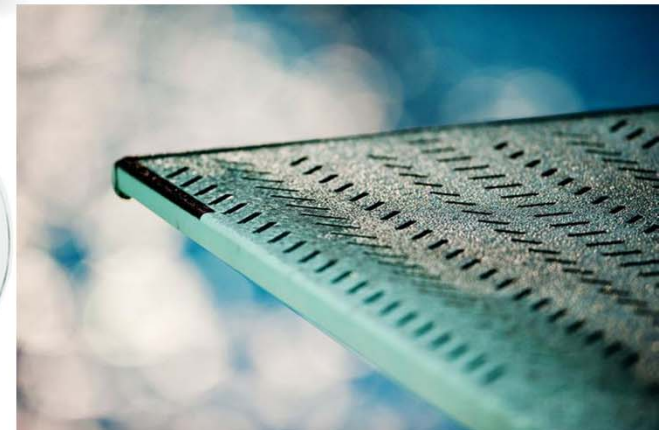
How do my identities influence how I show up as a Quiet Leader?

Would I be characterized as a QL?

GOAL SETTING

How will you harness your power as a Quiet Leader?

SAMPLE STRATEGIES



ONE WORD CHECK-IN

**How are you feeling about being or supporting a
Quiet Leader?**

REFERENCES

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